Youngblood



拍數: 48 編數: 4 級數: Intermediate 編舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - February 2018 音樂: Youngblood "By" Hilary Duff And Jem & The Holograms



Intro: 8 Counts from the hard beat

S1: Step Fwd. Touch.	& Step Back	t. Heel Fwd. & S	ep Together.	Step Fwd.	, Walk 3/4 Turn R Stepping R,L,R,L

1-2 RF. Step Fwd, LF. Touch toe beside RF

&3&4 LF. Step back, RF. Dig heel fwd, RF. Step together, LF. Step fwd

5-6-7-8 Walk 3/4 turn R, Stepping R,L,R,L (09:00)

S2: Rock Fwd, Recover, & 1/4 Turn R, Cross Over, Hold, & Behind, & Cross, Step To R Side, Touch

1-2 RF. Rock fwd, LF. Recover

&3-4 RF. 1/4 Turn R step to R side, LF. Cross over RF, Hold (12:00)

&5&6 RF. Step to R side, LF. Cross behind RF, RF. Step to R side, LF. Cross over RF

7-8 RF. Step to R side, LF. Touch toe beside RF

S3: 1/4 Turn L, 1/2 Turn L, Coaster Cross, & Cross, Hold, & Cross, & Cross

1-2 LF. 1/4 Turn L step fwd, RF. 1/2 Turn L step back (03:00) 3&4 LF. Step back, RF. Step together, LF. Cross over RF

&5-6 RF. Step to R side, LF. Cross over RF, Hold

&7&8 RF. Step to R side, LF. Cross over RF, RF. Step to R side, LF. Cross over RF

S4: Out, Out, & Step Back To Center, Touch Toe Back, 1/2 Turn L, Walk R,L Fwd, & Out Out, & In In

1-2 RF. Step diagonal R fwd, LF. Step diagonal L fwd

&3-4 RF. Step back to center, LF. Touch toe back, 1/2 Turn L (weight on LF) (09:00)

5-6 RF. Step fwd, LF. Step fwd

&7&8 RF. Step diagonal R fwd, LF. Step diagonal L fwd, RF. Step back to center, LF. Step together

Restart Point

S5: Syncopated Weave, Cross Rock, Recover x2, Step To L Side

1&2& RF. Cross over LF, LF. Step to L side, RF. Cross behind LF, LF. Step to L side

3&4 RF. Cross rock over LF, LF. Recover, RF. Step to R side

5&6& LF. Cross over RF, RF. Step to R side, LF. Cross behind RF, RF. Step to R side

7&8 LF. Cross rock over RF, RF. Recover, LF. Step to L side

S6: Sailor Step, & Sailor Step, Step To L Side, Touch, Rock Back, Recover

1&2 RF. Cross behind LF, LF. Step to L side, RF. Step to R side

LF. Cross behind RF, RF. Step to R side, LF. Step to L side, RF. Step together LF. Step to L side, RF. Touch toe beside LF, RF. Rock back, LF. Recover

Start Again

Restart On wall 5 after count 32 (09:00)

Ending: Dance the 7th wall (6:00) to count 16, then make 1/2 turn L step LF fwd (12:00)

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