

# From Now On

**COPPERKNOB**  
BY STEPHEN

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Trish Arena (AUS) - January 2018  
音樂: From Now On - Hugh Jackman & The Greatest Showman Ensemble : (Album:  
The Greatest Showman - OST - iTunes)



**START: Feet together, weight Left BPM: 108**

**INTRO: Dance begins 2:05 on the words: "I drink champagne..." TIME: 5:49 (dance ends at 5:23)**

## **SIDE, ROCK, SAILOR, SAILOR, BACK, ROCK**

1, 2            Step R to right side, rock/replace weight L  
3 & 4            Sailor: Step R behind L, step L side left, rock/replace weight R  
5 & 6            Sailor: Step L behind R, step R side right, rock/replace weight L  
7, 8            Step R back, rock/replace weight L 12:00

## **FWD, ROCK, & BACK, BACK, BACK, ROCK, KICK-BALL-CROSS**

9, 10            Step R forward, rock/replace weight L  
& 11, 12        Step R beside left, step L back, step R back  
13, 14        Step L back, rock/replace weight R  
15 & 16        Kick L forward, step down onto L, step R across L 12:00

## **¼ R, CROSS-SHUFFLE, SIDE, ROCK, CROSS-SHUFFLE**

17, 18        Turn 90° right stepping L back, step R to side  
19 & 20        Cross-shuffle L over R  
21, 22        Step R to right side, rock/replace weight L  
23 & 24        Cross-shuffle R over L 3:00

## **SIDE, ROCK, CROSS-SHUFFLE, ¼ L, BACK, COASTER**

25, 26        Step L to left side, rock/replace weight R  
27 & 28        Cross-shuffle L over R  
29, 30        Turn 90° left stepping R back, step L back  
31 & 32        Coaster: Step R back, step L beside R, step R forward 12:00

## **½ PIVOT, SHUFFLE, ½ PIVOT, SHUFFLE**

33, 34        Step L forward, pivot 180° right taking weight R  
35 & 36        Shuffle forward L-R-L  
37, 38        Step R forward, pivot 180° left taking weight L  
39 & 40        Shuffle forward R-L-R 12:00

## **SIDE, ¼ L, SHUFFLE, SIDE, ¼ R, FWD, FWD**

41, 42        Step L to side, rock/replace weight onto R turning 90° left (hitch L to R)  
43 & 44        Shuffle forward L-R-L  
45, 46        Step R to side, rock/replace weight onto L turning 90° right (hitch R to L)  
47, 48        Walk forward R-L ## 12:00

**(Restart Wall 4)**

## **HEEL, & HEEL & PADDLE (X 2)**

49 & 50        Touch R heel forward, step R beside left, touch L heel forward  
& 51, 52        Step L beside right, step R forward, pivot 90° left taking weight L  
53 & 54        Touch R heel forward, step R beside left, touch L heel forward  
& 55, 56        Step L beside right, step R forward, pivot 90° left taking weight L 6:00

## **½ PIVOT, ½ PIVOT, ROCKING CHAIR**

57, 58            Step R forward, pivot 180° left taking weight L  
59 & 60           Step R forward, pivot 180° left taking weight L  
61, 62            Step R forward, rock/replace weight L  
63, 64            Step R back, rock/replace weight L **\*\*(Tag) 6:00**

**\*\* TAG: ½ PIVOT X 2 (Done at end of Wall 1)**

**## RESTART: Restart after 48 Counts on Wall 4, facing 6:00.**

**Contact - Phone: 0428 874 445 - email: [patarena@bigpond.com](mailto:patarena@bigpond.com)**

---