Zhuang's Night Club

拍數: 32

級數: Improver

編舞者: Angéline Fourmage (FR) - February 2018

音樂: Da Zhuang – We Are Different

Start : 16 count 2 Restart	
[1-8] Diamon	d ½ L, ¼ Basic Night Club L
1-2&	RF to the R side, make 1/8 LF back diagonal, RF back diagonal
3-4&	Make 1/8 LF to the L side, make 1/8 RF forward diagonal, LF forward diagonal
5-6&	Make 1/8 RF to the R side, make 1/8 LF to the back diagonal, RF forward diagonal
7-8&	Basic Night Club L with 1/8 (make 1/8 LF to the L side, RF behind LF, cross LF over RF)
[9-16] Basic I	Night Club R, Sweep ¼ R, Rock step, Step ½, Step ½, Triple step ½, Rock step
1-2&	Basic Night Club R (RF to the R side, LF behind RF, cross RF over LF)
3-4&	LF back with $\frac{1}{4}$ turn R with a sweep R from front to the back, RF back, Recover to LF
5-6	Make $\frac{1}{2}$ turn L with RF back , make $\frac{1}{2}$ turn L with LF forward
7&8&	Make ¼ turn L RF to the R side, LF next to RF, make ¼ RF back, LF back
[17-24] Step,	Sweep, Cross, Point, Sway, Touch
1-2&	RF forward with sweep L from back to the front, cross LF over RF, RF to the R side
3-4	Cross LF over RF, Restart wall 8 Point RF to the R side
Restart - wall	1
5-6	Balance your weight to the R, balance your weight to the L
7-8	Balance your weight to the R, Touch LF next to RF
[25-32] Step	1/4, Spiral turn L, Triple step, Rock step, Together, Back, Step ¼ L with Drag
1-2	Make ¼ turn L with LF forward, Step RF forward
3-4&	Spiral full turn L with your weight on RF, LF forward, RF next to LF
5-6&	LF forward, Recover to the RF, LF next to RF
7-8	RF back, make ¼ turn L with LF to the L side and Drag
Smile and en	joy the dance

Contact : maellynedance@gmail.com





牆數:2