

Mist Or Flower Cha Cha

COPPER KNOB
STEPPERS

拍數: 76 牆數: 1 級數: Phrased Easy Intermediate
編舞者: Paul Wong (CAN) - March 2018
音樂: Xiang Wu You Xiang Hua (像霧又像花) - Wang Xiao Han (王筱涵)



Intro: 32 counts Sequence: A-A-B-A A-B-A Ending
start after vocal "xi li", start on the word "LI" (the 3rd word of the lyric "xi li LI"), No Tag No Restart

Part A (32 counts)

A1: R Back Rock, R Shuffle fwd, L Side Rock, L Cross Shuffle

1 - 2, 3 & 4 rock RF back, recover on LF, shuffle fwd (R-L-R)
5 - 6, 7 & 8 rock LF side, recover on RF, step LF cross over RF, step RF side, step LF cross over RF

A2: 2 steps ½ L turn (R-L), R Cross Shuffle, L Kick and Hook, ¼ turn L Shuffle fwd

1 - 2 step RF to right side, on ball of RF ½ turn left and step LF fwd (6:00)
3 & 4 step RF cross over LF, step LF side, step RF cross over LF
5 - 6 slightly face left diagonal and kick LF fwd, hook LF heel across RF shin
7 & 8 ¼ turn left and shuffle fwd (L-R-L) (3:00)

A3: R fwd Rock, Chasse ½ RT, Full RT, L Shuffle fwd

1 - 2 rock RF fwd, recover on LF
3 & 4 ¼ turn right step RF side, step LF together, ¼ turn right step RF fwd (9:00)
5 - 6, 7 & 8 ½ turn right step LF back, ½ turn right step RF fwd (9:00), shuffle fwd (L-R-L)

A4: Rocking Chair, Jazz Box ¼ RT

1 - 2 - 3 - 4 rock RF fwd, recover on LF, rock RF back, recover on LF
5 - 6 - 7 - 8 step RF cross over LF, step LF back, ¼ turn right step RF to side, step LF together (12:00)

Part B (44 counts)

B1: R fwd Rock, R Back Shuffle, L Back Shuffle, Chasse ½ RT

1 - 2 rock RF fwd, recover on LF
3 & 4, 5 & 6 back shuffle (R-L-R), back shuffle (L-R-L)
7 & 8 ¼ turn right step RF side, step LF together, ¼ turn right step RF fwd (6:00)

B2: L fwd Rock, L Coaster Step, R Cross Rock, Triple Step

1 - 2, 3 & 4 rock LF fwd, recover on RF, step LF back, step RF together, step LF fwd
5 - 6, 7 & 8 rock RF cross over LF, recover on LF, Triple Step R-L-R in place

B3: L fwd Rock, Chasse ½ LT, R Shuffle fwd, L Shuffle fwd,

1 - 2 rock LF fwd, recover on RF
3 & 4 ¼ turn left step LF side, step RF together, ¼ turn left step LF fwd (12:00)
5&6, 7&8 shuffle fwd (R-L-R), shuffle fwd (L-R-L)

B4: Monterey ¼ RT x 2

1 - 2 point RF side, on ball of LF make a ¼ turn right closing RF next to LF (transfer weight onto RF) (3:00)
3 - 4 point LF to left side, step LF next to RF
5 - 6 point RF side, on ball of LF make a ¼ turn right closing RF next to LF (transfer weight onto RF) (6:00)
7 - 8 point LF to left side, step LF next to RF

B5: R Cross-Point, L Cross-Point, R Cross Behind-Point, L Cross Behind-Point

1 - 2 - 3 - 4 step RF cross over LF, point LF to left side, step LF cross over RF, point RF to right side

5 - 6 - 7 - 8 step RF cross behind LF, point LF to left side, step LF cross behind RF, point RF to right side

B6: Pivot ½ LT, R fwd, L Together

1 - 2 - 3 - 4 step RF forward, pivot ½ turn left (12:00), step RF fwd, step LF next to RF (weight on LF)

Ending — dance after Sec. A4 on wall 7 (face 12:00, 16 counts)

R Point Side, R Point fwd, R Coaster Step, L Side Rock, L Cross Shuffle

1-2, 3 & 4 point RF to right side, point RF fwd, step RF back, step LF together, step RF fwd

5-6, 7 & 8 rock LF side, recover on RF, step LF cross over RF, step RF side, step LF cross over RF

Vine to Right, L Touch, Travelling Full LT, R Cross

9-10-11-12 step RF to right side, step LF behind RF, step RF to right side, touch LF next to RF

13-14-15-16 Traveling full turn to left (LF-RF-LF) (12:00), step RF cross over LF (music ends here)

Contact: dancingmymusic@gmail.com
