Girl Next Door

拍數: 48

級數: Low Intermediate

編舞者: Darlene Thomas (USA) - February 2018

音樂: Girl Next Door - Brandy Clark : (Official Lyric Video)

牆數:3

Begin on Lyrics - No Tags - 2 Restarts

Alternate music, Good Girl by Carrie Underwood

S1: SHUFFLE R SIDE-ROCK RECOVER-SHUFFLE L SIDE-ROCK RECOVER

- 1&2 Step right to right side, step left next to right, step right to right
- 3-4 Rock back on left, recover right
- 5&6 Step left to left, step right next to left, step left to left
- 7-8 Rock back on right, recover left

S2: SHUFFLE FORWARD, FULL TURN, SHUFFLE FORWARD, KICK BALL CHANGE

- 1&2 Shuffle forward R-L-R
- 3,4 Step forward L turning full turn to the right, step R forward
- 5&6 Left shuffle forward L-R-L
- 7&8 Kick R forward, replace R ball to center, change weight to L

S3: R HEEL TOE HEEL, BRING TOGETHER, L SIDE MAMBO, WALK, WALK

- 1,2 Pivot R heel to R, Pivot R toe to R
- 3,4 Pivot R heel to R, Step R next to L (Choice to style)
- 5&6 Left side mambo L, R, L
- 7,8 Walk forward R, L

S4: R HEEL TOE HEEL, BRING TOGETHER, L SIDE MAMBO, WALK, WALK

- 1,2 Pivot R heel to R, Pivot R toe to R
- 3,4 Pivot R heel to R, Step R next to L (Choice to style)
- 5&6 Left side mambo L, R, L
- 7,8 Walk forward R, L

S5: OUT, OUT, IN, IN, STEP PIVOT HALF TURN, OUT, OUT, IN, IN, WALK, WALK

- 1&2 Step out R to R, step out L to L, bring right back to center, bring left back to center
- 3,4 Step R forward, turn L half pivot turn changing weight to the L foot.
- 5&6 Step out R to R, step out L to L, bring right back to center, bring left back to center
- 7,8 Walk forward R,L

S6: STEP R FORWARD 1/4 TURN, CROSSING TRIPLE STEP, ROCK, RECOVER, BEHIND, SIDE, CROSS

- 1,2 Step R forward, ¼ pivot L turn, change weight to L
- 3&4 Cross R over L, L ball step L, R ball step L
- 5,6 Rock out L to L, recover weight on R (Choice to style)
- 7&8 Step L behind R, step R to R side, cross L over R

Restart after 40 counts on wall 3 & 6. (You will be facing 12:00 when it happens)

Tip- You will hear no singing on both & when vocals kick in, Restart the dance.

This is a 3 wall dance you will not hit wall 4 due to the Restarts. Dance goes clock-wise.

A special thank you to Cathy Paty & Iron Cowboy for the inspiration

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