Born To Be Alive

拍數: 32

級數: High Beginner

編舞者: Sally Hung (TW) & Suki Choi (KOR) - March 2018

音樂: Born to Be Alive - Patrick Hernandez

Sequence of dance: Restart after finishing S3 of wall 2, facing 9:00

Restart after finishing S3 of wall 6, facing 12:00

* Both Restarts will have a change on S3:5-8, only make 1/4 turn L on heel bounces

Intro: 32 counts

- S1: Kick Forward, Side, ¼ L Toe Strut, Toe strut, Fwd, Pivot ½ Turn R
- RF kick forward (left snap finger), RF step side, LF ¼ L step forward on toes, LF step heel 1-4 down
- 5-8 RF step forward on toes, RF step heel down, LF step forward, pivot 1/2 turn R

S2: Triple ½ Turn R, Back Rock, Recover, Cha Cha ¼ Turn L, Back Rock, Recover

- 1&2 Triple 1/2 turn R on L-R- L
- 3-4 RF rock back, LF recover
- 5&6 Cha Cha ¼ turn L on R-L-R
- 7-8 LF rock back, RF recover

S3: Side, Hold, Behind, ¼ L, Scuff, Stomp, ½ L Heel Bounces(x3)

- 1-2& LF step side, Hold, RF behind cross
- 3-4 LF ¹/₄ turn L stepping forward, RF scuff forward (3:00)
- RF stomp, make a $\frac{1}{2}$ turn L by heel bounces three times (9:00) 5-8

*RESTARTS HERE : wall 2, wall 6 (1/4 turn L on Heel bounces)

- S4. Side, Touch Behind, Side, Sailor Step, Hold, Toe Swivels, Punch Up
- 1-3. RF step side, LF touch behind cross, LF step side
- 4&5. RF cross behind, LF step beside, RF step a little fwd
- Hold, toe swivels R-L, L fist punch up 6-7&8.

START AGAIN.

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Last Update - 23rd March 2018





牆數: 4