Sgt. Pepper's Lonely Hearts Club Band

拍數: 32

牆數: 2

級數: Beginner

編舞者: Val Saari (CAN) - March 2018

音樂: Sgt. Pepper's Lonely Hearts Club Band - The Beatles : (iTunes)

STEP/KICK X 4

- 1-2 Step RF forward, Kick LF
- STEP LF forward, Kick RF 3-4
- 5-6 Step RF forward, Kick LF
- 7-8 STEP LF forward, Kick RF

VINE RIGHT, SYNCOPATED SCISSORS/ VINE LEFT, SYNCOPATED SCISSORS

- 1-2 Step RF to right side, Step LF behind R
- 3&4 Rock RF to right side, Recover LF, Cross RF over left
- 5-6 Step LF to left side, Step RF behind L
- 7&8 Rock LF to left side, Recover RF, Cross LF over right

STEP-PIVOT 1/4 LEFT TWICE, RF ROCK FWD, LF RECOVER, RF MAMBO BACK

- 1-2 Step RF forward, Pivot 1/4 turn left (weight on left)
- 3-4 Step RF forward, Pivot 1/4 turn left (weight on left)
- 5-6 Rock RF forward, Recover LF
- 7&8 Rock RF back, Recover LF, Step RF beside left

SHUFFLE FORWARD X 2, LF ROCK FWD, RF RECOVER, LF MAMBO BACK

- Shuffle forward LRL 1&2
- 3&4 Shuffle forward RLR
- 5-6 Rock LF forward, Recover RF
- Rock LF back, Recover RF, Step LF beside right 7&8

REPEAT

