

New Way To Be Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Betsy Courant (USA) - April 2018
音樂: "Brand New Way to Be Me" by David Tobin, Jeff Meegan and Mark Armstrong



Intro: after 16 counts (dance starts on lyrics)

R SIDE, L SAILOR, BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE, HEEL, STEP, TOUCH, STEP

1, 2&3 1) step R to right side; 2) step L behind R; &) step R next to L; 3) step L to left side
4&5& 4) Step R behind L; &) step L to left side; 5) cross R over L; &) step L to left side
6&7 6) Step R behind L; &) step L to left side; 7) touch R heel to R diagonal (1:30)
&8& &) Step R next to L; 8) touch L next to R; &) step L next to R

STEP, CHASE TURN R, ½ L, ½ L, SWEEP, CROSS, BACK, SIDE, TOGETHER, HITCH

1, 2&3 1) Step R forward; 2) step L forward; &) ½ pivot turn right step R next to L; 3) step L forward - 7:30
4&5 4) ½ turn left step R back; &) ½ turn left step L forward; 5) sweep R from back to front
6&7 6) Cross R over L; &) 1/8 turn step L back; 7) step R to right side - 9:00
8 Step L next to R as you hitch R knee (*)

*** Restart here on walls 2 and 4**

SIDE, ½ L TURN SAILOR, ROCK, RECOVER, KICK STEP TOUCH STEP TOUCH STEP KICK STEP

1, 2&3 1) Step R to right side; 2) step L behind right; &) ½ turn left step R next to left; 3) cross L over R - 3:00
4& 4) Rock R to right side; &) recover L
5&6 5) Kick R forward; &) step down on R; 6) touch L toe next to and slightly behind R
&7 &) ¼ turn left step down on L (12:00); 7) touch R toe next to and slightly behind L
&8& &) step down on R; 8) ¼ left kick L forward (9:00); &) step down on L - 9:00

ROCK, BALL, STEP, ROCK, BALL, STEP, FWD, LOCK, FWD, FULL TURN L SAILOR W/CROSS

1&2 1) Rock R forward; &) step L ball in place; 2) step R in place
3&4 3) Rock L forward; &) step R in place; 4) step L in place
&5-6 &) Step R forward; 5) lock L behind R; 6) step R forward
7&8 7) ¼ turn left step L behind R; &) ½ turn left step R next to L; 8) ¼ turn left cross L over R

RESTARTS ON WALLS 2 AND 4 AFTER COUNT 16

Contact: (egc123@aol.com)