

Three B

拍數: 32 牆數: 4 級數: Improver
編舞者: Corinne GOGUET (FR) & Stéphane BALLANGER (FR) - March 2018
音樂: Button Box Boy - Max T. Barnes : (Album: I can sleep when I'm dead, 2017)



Intro : 16 counts

[1-8] R SCISSOR, L SCISSOR, R MAMBO STEP FWD, (L&R&L) WALKS BACK

1&2 Step RF to right side, LF beside RF, Cross RF in front of LF
3&4 Step LF to left side, RF beside LF, Cross LF in front of RF
5&6 Rock RF fwd, Recover (weight on LF), Step RF back
7&8 Walk LF back, Walk RF back, Walk LF back

[9-16] R MAMBO STEP BACK, FULL TURN R, L STEP FWD, R POINT SIDE R, R TOUCH, R HEEL FWD, R HOOK, R SHUFFLE FWD

1&2 Rock RF back, Recover (weight on LF), Step RF fwd
3&4 Turn ½ right (6:00) and LF behind, Turn ½ right (12:00) and RF fwd, Step LF fwd
5&6& Point RF to right side, Point RF beside LF, Heel RF fwd, Hook RF in front of LF

TAG and Restart here on Walls 5 and 10 (facing on 12:00)

7&8 Step RF fwd, LF beside RF, Step RF fwd

[17-24] L POINT SIDE L, L TOUCH, L HEEL FWD, L HOOK, L SHUFFLE FWD, R STEP FWD, ¼ TURN L, R CROSS OVER, ½ TURN R, L CROSS OVER

1&2& Point LF to left side, Point LF beside RF, Heel LF fwd, Hook LF in front of RF
3&4 Step LF fwd, RF beside LF, Step LF fwd
5&6 Step RF fwd, Turn ¼ left (9:00), Cross RF in front of LF
7&8 Turn ¼ right (12:00) and LF behind, Turn ¼ right (3:00) and step RF to right side, Cross LF in front of RF

Restart here on Wall 7 (facing on 6:00)

[25-32] R MAMBO STEP FWD, L COASTER STEP, R TOE-HEEL-STOMP, L TOE-HEEL-STOMP

1&2 Rock RF fwd, Recover (weight on LF), Step RF beside LF
3&4 Step LF back, RF beside LF, Step LF fwd
5&6 Point RF beside LF, Heel RF beside LF, Stomp RF fwd
7&8 Point LF beside RF, Heel LF beside RF, Stomp LF fwd

TAG : on Walls 5 and 10 (facing on 12:00)

[1-2] R TRIPLE STEP in place

1&2 (on spot) Step RF, Step LF, Step RF

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