Stand Beside Me

拍數: 32

級數: Absolute Beginner

編舞者: Russell Breslauer (USA) - April 2018

音樂: Stand Beside Me - Daniel O'Donnell

SIDE RECOVER BACK COASTER X2

- 1 2 3&4 Step Right to right, recover on Left, Right back, Left next to right, Right forward
- 5 6 7&8 Step Left to left, recover on Right, Left back, Right next to left, Left forward

FORWARD SHUFFLE TURN ½ X2

- 1&2 Right forward, Left lock, Right forward
- 3-4 Left forward, ¹/₂ right on Right.
- 5&6 Left forward, lock Right, Left forward
- 7-8 Right forward, ½ left on Left.

Instead of turn can be rock recover for 3-4. Then 5&6 are back and 7-8 are rock back recover.

SIDE RECOVER CROSS SHUFFLE, x 2

- 1-2 Rock to the right side on Right, step on Left
- 3&4 Cross Right over left, step on Left , cross Right over left
- 5-6 Rock to the left side on Left, step on Right
- 7&8 Cross Left over right, step on Right cross Left over right

HEEL, TOE, POLKA RIGHT SIDE, HEEL, TOE, POLKA LEFT SIDE

- 1-2 Touch Right heel to right forward diagonal (1), Touch Right toe beside left
- 3&4 Step in place Right Left Right
- 5-6 Touch Left heel to L forward diagonal, Touch Left toe beside right
- 7&8 Step in place Left Right Left with ¼ left turn.

For 1-wall dance, 7&8 have no turn.

REPEAT

TAG: There is a 4 count Tag after wall 1, and after 8 counts of wall 4. Do 2 step touches as Right to right, touch Left, step Left to left, touch Right. Restart after wall 4 tag.

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牆數:4