

Ol' Red

拍數: 48 牆數: 2 級數: Improver
編舞者: Karolina Ullénstäv (SWE) - April 2018
音樂: Ol' Red - Blake Shelton : (3:40)



Tags: in walls 1, 2, 4 and 6 after counts 16, 32, 40 and 48.

Tag: RF heel stomp x 2 (2 counts)

Restart: in wall 3 after counts 39& in section 5.

You can hear the Tags and Restart clearly in the music.

There are No Tags in the refrains when a woman, Rachel Proctor, sings together with Blake and you can hear the music getting stronger in the beat.

It's very important for you to listen to the rhythm in this song, which changes slightly sometimes, but it's easy to follow. Just enjoy the rhythm and listen to the story in the song. Then you will understand the dance. This is indeed true country roots and one of Blake's greatest hits still popular today! The music video is very entertaining to look at as well and in my dance demo video you will clearly see how it's done. Have Fun dancing it!

Intro 30 counts: you start on the third word "caught" - BPM 75

Section 1: Step forward, touch behind, step back, kick forward, coaster step with scuff

- 1 RF step forward (facing 12.00)
- 2 LF touch behind RF
- 3 LF step back
- 4 RF kick forward
- 5 RF step back
- 6 LF step beside RF
- 7 RF step forward
- 8 LF scuff beside RF

Section 2: Steps forward with RF scuff and LF step beside at the end

- 1 LF step forward
- 2 RF step beside LF
- 3 LF step forward
- 4 RF scuff beside LF
- 5 RF step forward
- 6 LF step beside RF
- 7 RF step forward
- 8 LF step beside RF

Section 3: Steps forward with scuff, side steps with touch and ¼ turn left

- 1 RF step forward
- 2 LF scuff beside RF
- 3 LF step forward
- 4 RF scuff beside LF
- 5 RF step right
- 6 LF touch beside RF
- 7 Turn ¼ left stepping LF forward (facing 09.00)
- 8 RF touch beside LF

Section 4: Steps forward with scuff, side steps with touch and ¼ turn left

- 1 RF step forward
- 2 LF scuff beside RF

- 3 LF step forward
- 4 RF scuff beside LF
- 5 RF step right
- 6 LF touch beside RF
- 7 Turn $\frac{1}{4}$ left stepping LF forward (facing 06.00)
- 8 RF touch beside LF

Section 5: Syncopated vine right and left with heels and hitches slightly diagonally forward

- 1 RF step right
- 2 LF step behind RF
- & RF step right
- 3 Put LF heel slightly diagonally forward left
- & LF hitch
- 4 LF heel in place
- 5 LF step left
- 6 RF step behind LF
- & LF step left
- 7 Put RF heel slightly diagonally forward right
- & RF hitch
- 8 RF heel in place

Section 6: Step turn $\frac{1}{2}$ left x 2, rock step forward and recover, rock step back and recover

- 1 RF step forward
- 2 Turn $\frac{1}{2}$ left ending with weight on LF (facing 12.00)
- 3 RF step forward
- 4 Turn $\frac{1}{2}$ left ending with weight on LF (facing 06.00)
- 5 RF rock step forward
- 6 Recover onto LF (weight on LF)
- 7 RF rock step back
- 8 Recover onto LF (weight on LF)

Have Fun!

Last Update - 14th June 2018
