Laudy



拍數: 32 牆數: 4 級數: Novice 編舞者: Gabi Ibáñez (ES) & Paqui Monroy (ES) - July 2017

音樂: Think About You - Lady A



Dance done and teached in 7èmme Week-end Américain de Grau Du Roi, july 2017 Dance's name inspirated in a great person that We say thanks for her work.

[1-8] STEP, TOGETHER, CHASSÉ, HEEL ½ TURN WITH HOOK, SHUFFLE

1 - 2	Step RF to right, Step LF together
3 & 4	Step RF to right, Step LF together, Step RF to right
5 – 6	Touch left heel behind, ½ turn to left doing left hook over to right foot (6h)
7 & 8	Step LF forward, Step RF together, Step LF forward

19-161 ROCK STEP, SHUFFLE WITH 1/4 TURN, CROSS, STEP, BEHIND SIDE CROSS

9 -10	Rock RF forward, recover on LF	
11&12	1/4 Turn to right step RF to right, Step LF together, Step RF to right (9h)	
13-14	Cross LF over RF, Step RF to right	
15&16	Cross LF behind RF, Step RF to right, Cross LF over RF	

^{*}Here, RESTART in 4th and 8th walls

[17-24] SIDE POINT SWITCHES & CROSS ROCK STEP, TRIPLE FULL TURN, TOE, HOLD

17&18	Touch right toe to right side, Step RF together, Touch left toe to left side
&19 -20	Step LF together, Cross Rock RF over LF, recover on LF
21&22	Triple Step right-left-right in place full turning to right (9h)
23-24	Touch left toe to left, Hold

[25-32] HEEL SWITCHES & ROCK STEP, COASTER STEP, STOMP UP, STOMP

&25&26	Recover left together, Right heel forward, Recover on RF next to LF, Left heel forward
&27-28	Recover on LF next to RF, Step RF forward, recover on LF
29&30	Step RF back, Step LF next to RF, Step RF forward
31-32	Stomp Up LF next to RF, Stomp LF

REPEAT

Music needs RESTARTS, in walls 4 and 8, do only 16 counts and restart the dance (facing 12 h)

Contact: ibaezmonroy@yahoo.es