Twist Of Love

拍數: 64

級數: High Beginner

編舞者: Nina Chen (TW) - May 2018

音樂: Twist of Love (사랑의 트위스트) - Sul Woon Do (설운도)

Intro: 32 counts

Intro dance: 40 counts (Reference to the demonstration & Optional)

Sec1: (R & L) HEEL STRUT. FLICK - TOGETHER. (x2)

- 1-4 Touch R heel fwd to R diagonal - Step RF beside LF - Touch L heel fwd to L diagonal - Step LF beside RF
- 5-8 Flick RF to R - Step RF beside LF - Flick LF to L - Step LF beside RF

Sec2: SWIVEL TO R - HOLD, SWIVEL TO L 1/4 TRUN R - HOLD

Swivel both heels to R - Swivel both toes to R - Swivel both heels to R - Hold (clap hands) 1-4 5-8 Swivel both heels to L - Swivel both toes to L - Swivel both heels 1/4 turn R (3:00) - Hold (clap hands)

Sec3: SIDE - CROSS TOUCH. (x2), SIDE - TOUCH BEHIND, (x2)

- Step RF to R Touch LF over RF Step LF to L Touch RF over LF 1-4
- 5-8 Step RF to R - Touch LF behind RF - Step LF to L - Touch RF behind LF

Sec4: SWIVEL TO R, SWIVEL TO L

- Swivel both heels to R Swivel both toes to R Swivel both heels to R Swivel both toes to R 1-4
- 5-8 Swivel both toes to L - Swivel both heels to L - Swivel both toes to L - Swivel both heels to L

Sec5: MONTEREY 1/4 TURN R, JAZZ BOX

- Touch RF to R On ball of LF 1/4 turn R (6:00) step RF beside LF Touch LF to L Step LF 1-4 beside RF
- 5-8 Cross RF over LF - Step LF back - Step RF to R - Cross LF over RF

Sec6: SWIVEL TO R , SWIVEL TO L

- Swivel both heels to R Swivel both toes to R Swivel both heels to R Swivel both toes to R 1-4
- 5-8 Swivel both toes to L - Swivel both heels to L - Swivel both toes to L - Swivel both heels to L

Sec7: (R & L) TOE STRUT, FWD - PIVOT 1/2 L - FWD - HOLD

- 1-4 Touch R toe fwd - Step R heel down - Touch L toe fwd - Step L heel down
- 5-8 Step RF fwd - Pivot 1/2 turn L (12:00) weight on LF - Step RF fwd - Hold

Sec8: FWD - PIVOT 1/2 R - FWD - TOGETHER, TWIST

Step LF fwd - Pivot 1/2 turn R (6:00) weight on RF - Step LF fwd - Step RF beside LF 1-4 5-8 Twist (R L R L)

Restart: During wall 4 after 40 counts (12:00)

Have Fun & Happy Dancing !!!

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牆數:2