Turn Sixteen

拍數: 32

級數: Improver

編舞者: Ryan King (UK) - May 2018

音樂: Sixteen - Thomas Rhett

Intro: 24 count intro - Start on vocals

Walk R, L, R Shuffle, L Rock Recover, L Coaster

- 12 Walk forward R, L.
- 3&4 Step R forward, step L next to R, step R forward.
- 56 Rock forward L, recover onto R.
- 7 & 8 Step back L, step R next to L, step forward L.

1/4 R Hip Bumps, 1/2 L Hip Bumps, Cross Back R Chasse

- 1&2 Make 1/4 L bumping hips R, L R putting weight onto R. (9 o'clock)
- 3 & 4 Make 1/2 L bumping hips L, R L putting weight onto L. (3 o'clock)
- 56 Cross R over L, step back L.
- 7 & 8 Step R to R side, step L next to R, step R to R side.

Restart here on wall 3.

Cross Side Sailor. Cross Side Behind Side Cross

- 12 Cross L over R, step R to R side.
- 3 & 4 Step L behind R, step R to R side, step L to L side

Restart here on wall 7.

- 56 Cross R over L, step L to L side.
- 7 & 8 Step R behind L, step L to L side, step R over L

L Rock Recover 1/4, L Shuffle, Pivot 1/2, 1/4

- 12 Rock L to L side, recover 1/4 R. (6 o'clock)
- 3 & 4 Step forward L, step R next to L, step forward L.
- 56 Step forward R, pivot 1/2 L putting weight onto L. (12 o'clock)
- 78 Step forward R, pivot 1/4 L putting weight onto L. (9 o'clock)

Restarts: -

Wall 3, dance up to count 14 then replace R Chasse with step R step together than restart. Wall 7, dance up to count 20 then restart.





牆數: 4