Hey Pops

級數: Intermediate

拍數: 64 牆數: 2

編舞者: David Villellas (IT) - 2009

音樂: Hey Hey Hey - Ryan Shupe & The Rubberband

Step sheet by: Xavi Barrera

There is an eight counts' intro

INTRO, 8 counts

HOLD x 5, ½ TURN, STOMP, HOLD

- 1- Hold 2- Hold
- 3- Hold
- 4- Hold
- 5- Hold
- 6- Turn ½ turn to the left on to the left foot
- 7- Stomp right to the right
- 8- Hold

1/2 TURN KICK, KICK, JUMPED ROCK STEP x 3

- (Doing this group of steps, you are not facing wall number 1 (9:00), but diagonally left-forward (10:30)
- 1- Turn ¹/₂ turn to the right and kick right forward at the same time
- 2- Kick right forward
- 3- Jumping, rock right forward
- 4- Jumping, recover your weight on to the left
- 5- Jumping, rock left back
- 6- Jumping, recover your weight on to the left
- 7- Jumping, rock right forward
- 8- Jumping, recover your weight on to the left

JUMPED ROCK STEP, ¼ TURN THREE COUNTS JUMPED JAZZBOX x 2

- 9- Jumping, rock right back
- 10- Jumping, recover your weight on to the left
- 11- Jumping, cross right over the left, raising left back, and turn ¼ turn to the left at the same time
- 12- Jumping, step left back and kick right forward at the same time
- 13- Jumping, step right back, kick left forward, and turn 1/8 turn to the left at the same time
- 14- Jumping, cross left over the right, raising right back, and turn ½ turn to the left at the same time
- 15- Jumping, rock right back and kick left forward at the same time
- 16- Jumping, step left back, kick right forward, and turn 1/8 turn to the left at the same time

GRAPEVINE, ROLLING GRAPEVINE, SCUFF

- 17- Step right to the right
- 18- Cross left behind the right
- 19- Step right to the right
- 20- Touch left toe beside the right
- 21- Lower left heel, turning ¼ turn to the left at the same time
- 22- Step right forward, turning ½ turn to the left at the same time
- 23- Step left back, turning ¹/₂ turn to the left at the same time





級數: Ini

24- Scuff right beside the left

HEEL x 2, STEP x 2, STOMP, HOLD, STEP, HOOK-SLAP

- 25- Step right heel diagonally right-forward
- 26- Step left heel diagonally left-forward
- 27- Step right back
- 28- Step left beside the right
- 29- Stomp right beside the left
- 30- Hold
- 31- Step right forward
- 32- Hook left behind the right calf

JUMPED KICK x 2, DIAGONAL TOE STRUT x 2

- 33- Jumping, step left back and kick right forward at the same time
- 34- Jumping, step right back and kick left forward at the same time
- 35- Step left beside the right
- 36- Stomp right beside the left
- 37- Touch right toe diagonally right-back
- 38- Lower right heel
- 39- Touch left toe diagonally left-back
- 40- Lower left heel

HOOK, STEP, HOOK, JUMPED ROCK STEP x 2, STOMP, HOLD

- 41- Hook right over the left shin
- 42- Step right forward
- 43- Hook left behind the right calf
- 44- Jumping, step left back and kick right forward at the same time
- 45- Jumping, rock right back and kick left forward at the same time
- 46- Jumping, recover your weight on to the left
- 47- Stomp right beside the left
- 48- Hold

- 49- Touch right toe back
- 50- Lower right heel, turning ½ turn to the right at the same time
- 51- Touch left toe forward
- 52- Lower left heel, turning ¹/₂ turn to the right at the same time
- 53- Step right back
- 54- Step left beside the right
- 55- Step right forward
- 56- Scuff left beside the right

JUMP, STOMP, SWIVETS, KICK, STOMP, FLICK, STOMP

- 57- Jump forward on to the right foot
- 58- Stomp left beside the right
- 59- Move right toe to the right and left heel to the left at the same time
- 60- Move right toe and left heel to center at the same time
- 61- Kick right forward
- 62- Stomp right beside the left
- 63- Flick right back
- 64- Stomp right beside the left

Restart

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