

Poetry In Motion EZ Mambo

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Val Saari (CAN) - May 2018
音樂: Poetry In Motion - Johnny Tillotson : (iTunes)



SIDE TOGETHER TO THE RIGHT, TOUCH, SIDE TOGETHER TO THE LEFT, TOUCH

1-4 Step RF right, Step LF together, Step RF right, Touch LF beside R
5-8 Step LF left, Step RF together, Step LF left, Touch RF beside L

CROSS MAMBO R, CROSS MAMBO L 1/4 PIVOT L

1-4 RF Cross over L, LF Recover weight, RF Step together, hold
5-8 LF Cross over R, RF Recover weight, LF step 1/4 pivot L, hold

TOE/HEEL FORWARD X 2, TOE/HEEL BACK X 2

1-4 Step RF forward, Step down on heel, Step LF forward, Step down on heel
5-8 Step RF back on toe, Step down on heel, Step LF back beside R, Step down on heel

SCISSOR STEPS FORWARD, RLR, LRL

1-4 RF Step R, LF Recover, RF crosses LF and Hold (push and cross)
5-8 LF Step L, RF Recover, LF crosses RF and Hold (push and cross)

REPEAT

NO TAGS, NO RESTARTS

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