Miami Mambo



編舞者: Ross Brown (ENG) - May 2018

音樂: MOVE TO MIAMI (feat. Pitbull) - Enrique Iglesias : (CD: Single)



Intro: 16 Counts (Approx. 9 Seconds)

MAMBO FORWARD. MAMBO BACK. SHUFFLE FORWARD / STEP, LOCK, STEP; RIGHT & LEFT.

1 & 2	Rock R forward, recover onto L, step R next to L.
3 & 4	Rock L back, recover onto R, step L next to R.

5 & 6 Step R forward, close L up to R / lock L behind R, step R forward.

7 & 8 Step L forward, close R up to L / lock R behind L, step L forward. (12 O'CLOCK)

SIDE MAMBO; RIGHT & LEFT. CHASSE RIGHT. (1/4 TURN L) CHASSE LEFT.

1 & 2	Rock R to R, recover onto L, step R next to L.
3 & 4	Rock L to L, recover onto R, step L next to R.
5 & 6	Step R to R, close L up to R, step R to R.
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7 & 8 Make a ¼ turn L stepping L to L, close R up to L, step L to L. (9 O'CLOCK)

"STEP OVER THE BOX" WALKS; RIGHT & LEFT. KICK, BALL, POINT; RIGHT & LEFT.

1 & 2	Hitch R knee up, extend R foot forward, step R forward.
3 & 4	Hitch L knee up, extend L foot forward, step L forward.
5 & 6	Kick R forward, step R next to L, point L to L.
7 & 8	Kick L forward, step L next to R, point R to R. (9 O'CLOCK)

CROSS SAMBAS; RIGHT & LEFT. TOUCH FORWARD, HEEL FLICK. TOUCH BACK, HEEL FLICK.		
1 & 2	Cross step R over L, step L back, step R next to L.	
3 & 4	Cross step L over R, step R back, step L next to R.	
5 & 6	Touch R forward, flick both heels to right, flick both heels back.	

7 & 8 Touch R back, flick both heels to left, flick both heels back. (9 O'CLOCK)

END OF DANCE!

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