Coming For You

拍數: 32

級數: Beginner

編舞者: Debbie Rushton (UK) - March 2018

音樂: On the Loose (Basic Tape Remix) - Niall Horan

Count In: After 32 counts 'She loves when everybody's watching..'

TOUCH STEP, TOUCH STEP, OUT OUT IN IN

- Touch R forward to R diagonal (pushing R hip fwd), Step R forward 12
- 34 Touch L forward to L diagonal (pushing L hip fwd), Step L forward
- 56 Step R out to R diagonal, Step L out to L diagonal
- 78 Step R back in place, Step L back in place
- * Optional arms: R hand on head (5), L hand on head (6), Take R hand down (7), L hand down (8)

BUMP BUMP, ½ BUMP BUMP, JAZZ BOX ¼ TURN

- 12 Step R forward bumping hips forward twice
- 34 Make ¹/₂ turn over L shoulder and step L forward bumping hips forward twice (6 o clock)
- 56 Cross R over L, Make ¹/₄ turn R stepping L back (9 o clock)
- Step R to R side, Touch L beside R 78

* Optional arms: On counts 1-4 wind hands around each other at shoulder height

ROLLING VINE L WITH CLAP, ROLLING VINE R WITH TWO CLAPS

- 12 Make ¹/₄ turn L stepping L forward, Make ¹/₂ turn L stepping R back
- 34 Make ¹/₄ turn L stepping L to L side, Touch R beside L and clap hands (9 o clock)
- 56 Make ¹/₄ turn R stepping R forward, Make ¹/₂ turn R stepping L back
- 7&8 Make ¹/₄ turn R stepping R to R side, Clap hands twice (&8) (9 o clock)

CROSS ROCK SIDE, CROSS ROCK ¼ TURN, STEP ½ TURN, BIG STEP TOUCH

- Rock L across R, Recover onto R, Step L to L side 1&2
- 3&4 Rock R across L, Recover onto L, Make ¼ turn R stepping R forward (12 o clock)
- 56 Step L forward, Pivot ¹/₂ turn R taking weight forward onto R (6 o clock)

78 Take big step forward on L (lift knee slightly as if stepping over the dog!), Touch R beside L *Easy option for counts 1-4 – (1) Touch L across R (2) Step L to L side (3) Touch R across L (4) Make 1/4 turn

R stepping R forward

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牆數:2