A Bible and a Bus Ticket Home



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Cheryl Carter (UK) - May 2018

音樂: A Bible and a Bus Ticket Home - Collin Raye: (Album: Extremes)



Dance begins after 16 counts/13 secs.

Section 1: BACK/DRAG, COASTER, STEP, SHUFFLE, FOWARD ROCK, SIDE ROCK

Step back on right/drag left back towards right

2&3 Step back left, close right next to left, step forward left

4 Step forward right

5&6 Step forward left, close right next to left, step forward left

7&8& Rock forward on right, recover on left, rock right to right side, recover on left

** (Restart after count 8& on wall 3 facing 12:00) **

Section 2: BACK, BEHIND & CROSS, SWAY x 2, BEHIND & CROSS SHUFFLE &

1 Step back right

2&3 Sweep left from front to back stepping behind right, step right to right side, cross left

over right

4-5 Step right to right side and sway, sway to left6& Step right behind left, step left to left side

7&8& Cross right over left, step left to left side, cross right over left, step left to left side

Section 3: CROSS, 1/4 BACK, COASTER, FULL TURN, STEP, TOUCH &

1-2	Cross right over left, turn 1/4 turn to right stepping back on left
3&4	Step back on right, close left next to right, step forward on right

5-6 Turning 1/2 turn to right step back on left, turning 1/2 turn to right step forward right

7-8& Step forward left, touch right next to left, step back on right

Section 4: TOUCH, 1/2, STEP, 1/4, CROSS, SIDE ROCK CROSS, SIDE ROCK CROSS

1-2 Touch the left toe back, turning left 1/2 taking weight onto left

3&4 Step right forward, turn 1/4 left taking weight onto left, cross right over left

Rock left to left side, recover weight onto right, cross left over right
Rock right to right side, recover weight onto left, cross right over left

Section 5: SIDE, BEHIND & CROSS, FULL UNWIND, SIDE ROCK CROSS, 1/2 TURN CROSS

1-2& Step left to left side, cross right behind, step left to left side

3-4 Cross right over left, full unwind weight onto right

5&6 Rock left to left side, recover weight onto right, cross left over right

7&8 Turn 1/4 left step back right, turn 1/4 left step forward onto left, cross right over left

(Option for the full unwind turn is to hold for count 4)

Section 6: SIDE, BEHIND & CROSS, FULL UNWIND, SIDE ROCK CROSS, 1/2 TURN CROSS

1-2& Step left to left side, cross right behind, step left to left side

3-4 Cross right over left, full unwind weight onto right

5&6 Rock left to left side, recover weight onto right, cross left over right

7&8 Turn 1/4 left step back right, turn 1/4 left step forward onto left, cross right over left

(Option for the full unwind turn is to hold for count 4)

Section 7: BACK, LOCK BACK, COASTER, STEP, SIDE ROCK CROSS

1 Turn 1/8 left & step back left (You are now facing the left diagonal on 6:00 wall)

2&3 Step right back, lock left over right, step back right

4&5 Step back on left, close right next to left, step forward left

6 Turn 1/8 right turn step forward right to straighten up to the 6:00 wall

7&8 Rock left to left side, recover onto right, cross left over right (Counts 1 - 5 are danced on the diagonal, count 6 straightens to your new wall)

Section 8: CHASSE, SAILOR, SAILOR, FOWARD ROCK, STEP BACK

Step right to right side, close left next to right, step right to right side
Step left behind right, step right to right side, step left in place
Step right behind left, step left to left side, step right in place
Rock forward left, recover weight onto right, step back left

Start again.

Restart: In wall 3 after section 1 **

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