## Loving Me Speechless



拍數: 32 牆數: 2 級數: High Intermediate

編舞者: Gemma Ridyard (UK) & Lyn Ridyard (UK) - May 2018

音樂: Speechless - The Shires



R Nightclub basic, ¾ reverse spiral, run around arabesque, weave, sweep, behind 3/8 turn L			
1 2&	Step R big side step, cross rock L behind R, replace weight forward to R		
3	step L back a $\frac{1}{4}$ turn R as you complete a $\frac{1}{2}$ turn over R shoulder hook RF in front of L shin (9.00)		
4&5	Run around a full turn over R shoulder R,L,R as you complete the last step bring L leg up to attitude arabesque *option ronde LF from back to front*		

cross L in front of R, step R to R side, cross L behind R as you sweep R from front to back

88 cross RF behind L, make 3/8 turn L as you step L forward (5.30)

## Spiral, Run forward LR, rock, triple turn back R 1 ½, step L, step R, cross unwind full turn rock L, run back LR stop P forward as you unwind a full turn L. I finishes hooked across P shin (5.30)

1	step R forward as you unwind a full turn L – L finishes nooked across R shin (5.30)
2&3	step LF forward, step RF forward, rock LF forward turn torso to L prepping upper body
4&5	Make a $\frac{1}{2}$ turn R stepping R forward, make a $\frac{1}{2}$ turn R stepping L back, make a $\frac{1}{2}$ turn R stepping R forward (10:30)
6&	Step L forward, step R forward
7	Once I habited Discussional and March I was been been as alread forward and (40.00)

Cross L behind R as you unwind a full turn L weight finishes rocked forward on L (10:30)

88 Run Back R, Run Back L (10:30)

6&7

## 1/4 turn R sway r,l,r, ronde 1 1/8 turn L, press R forward reaching R arm up, 1/4 R touch L, R arms pulls down

123	Make a ¼ turn R step R to R swaying hips, sways hips L, sway hips R (1.30)
4	stepping L down sweep R a 1 1/8 turn L (12.00)
5 6	press ball of R forward as you slowly extend R arm up (5,6)
7 8	make a ¼ turn R touching L toe to R drawing R arm down into a fist (78) (3.00)

## 1/4 L sweep R, cross 1/4 back, 1/4 R nightclub basic, reverse spiral 1/2 R, arc run 1/2 L, cross

1 2&	Make a ¼ turn L step L forward as you sweep R from back to front, cross R over L, make a ½
	turn L stepping L back (3.00)
3 4&	make a ¼ turn R stepping R big side step R, cross L behind R, replace weight forward to R
	(6.00) 5 step L to L side as you unwind ½ turn R – R hooks over L shin (12.00)
6&7	making an arc run around ½ turn over R stepping R,L,R (6.00)
8	Cross L over R

Tag 8 counts end of wall 2 facing 12 O'clock		
1 2&	Step R to R, cross L behind R, make a ¼ turn R step R forward (3.00)	
3 4	step L forward, pivot ½ a turn R (9.00)	
&5	Make a ¼ turn R step L to L, cross R behind L (12.00)	
6&7	Make a ¼ turn L step L forward, step R forward, pivot ½ turn L (3.00)	
8&	Make a ¼ turn L step R to R, close L to R (12.00)	

Happy Dancing! - Love Gem XOXO

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