

Hurtin Gets Hard

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 2 級數: Intermediate waltz
編舞者: Adrian Churm (UK) & Ed Lawton (UK) - May 2018
音樂: Hurtin' Gets Hard - Kendell Marvel : (CD: Lowdown & Lonesome)



Sec1: Progressive twinkles x2

- 1 – 3 Step left forward and across right, step right to the side, left to the side.
4 – 6 Step right forward and across left, step left to the side, right to the side. [12]

Sec 2: ½ turn left, cross rock recover 1/8th turn side step

- 1 – 3 Step left across right, ¼ turn left right foot back, ¼ turn left step left foot to the side.
(Count 3 as you turn allow left to close up next to right (no weight) before stepping out to the side).
4 – 6 Rock right across left, recover back onto left, 1/8th turn right step right to the side [7.30]

Sec 3: Syncopated Viennese cross on the diagonal, step back, 3/8th turn left into ½ sweep.

- 1 Step left forward towards right diagonal (prepare to turn left). [7.30]
2& ¼ turn to left right foot side 1/8th turn left crossing left over right. [3]
3 1/8th turn left step right foot back. [1.30]
4 – 6 3/8 turn left left foot forward, ½ turn left sweeping right around, touch right next to left. [3]

Sec 4: full forward roll, ¼ turn right, draw right into left with rise and fall

- 1 – 3 Step right forward (prepare to turn right), ½ turn right left back, ½ turn right end right forward.
4 – 6 ¼ turn right left to the side, draw right up to left over 2 counts raising up onto toes then lower.

Tag: end of wall 5 facing 6 o'clock Cross rocks into heel turn into rise and fall

- 1 – 3 Rock left across right to right diagonal, recover back onto right, step left to the side. [6]
4 – 6 Rock right across left to left diagonal, recover back onto left, step right back
1 – 3 Draw left next to right foot, turn 3/8th left on heels to face front ending with rise and fall. [12]

Restart

Tag: end of wall 10 facing 6 o'clock Cross rocks into heel turn left into rise and fall

- 1 – 3 Rock left across right to right diagonal, recover back onto right, step left to the side. [6]
4 – 6 Rock right across left to left diagonal, recover back onto left, step right back
1 – 3 Rock left across right to right diagonal, recover back onto right, step left to the side. [6]
4 – 6 Rock right across left to left diagonal, recover back onto left, step right back
1 – 3 Draw left next to right foot, turn 3/8th left on heels to face front ending with rise and fall [12]

Restart