Go With It



拍數: 88

級數: Phrased High Beginner

編舞者: Julie Flynn - April 2018

音樂: Go With It (feat. Chris Carmack, Jonathan Jackson, Sam Palladio & Rainee Blake) - Nashville Cast

Intro - 16 counts from 1st downbeat. Do 4 slow rocking chairs as warmup during those 16 counts

Sequence: A, A (6:00)*, B, B (12:00), Heel Section (12:00), Just Weaves Tag (9:00),

牆數:1

A (6:00), B, B (12:00), Heel Section (12:00), Bridge (12:00), B, B (6:00), Short Heel Section (12:00) .*

* (Clock Numbers indicate the wall where you end after each section.) Notes: The Bridge, Just Weaves Tag, and Short Heel Section are done just once. All turns are to the left, as you continually do full circles back to the 12:00 wall.

Section A - 16 counts

A1: Scissors x 4 moving only slightly forward, Right Weave, Left Weave with 1⁄4 turn left

- 1&2 Step RF to R, step L next to R, cross R over I
- 3&4 Step LF to L, Step R next to L, cross L over R
- 5&6 Step RF to R, step L next to R, cross R over L
- 7&8 Step LF to R, Step R next to L, cross L over R

A2: Right 8-step Weave, Left 8-step Weave with 1/4 turn left

1&2&3&4&Step RF to R, L behind, R to side, cross L over R, R to side, L behind, R to side, L touch5&6&7&8&Step LF to L, R behind, L to side ,cross R over L, L to side, R behind, L turn ¼ left & R touch

Section B - 16 counts

- B 1: Rock, Recover, Crossing Triple
- 1, 2 Rock Right, Recover on L
- 3&4 Cross R over L, Step L, Cross R over L
- 5, 6 Rock Left, Recover on R
- 7&8 Cross L over R, Step R, Cross L over R

B 2: Rhumba Box forward, Rhumba Box Back with 1/4 turn to the left

- 1&2& Step R to right, Step L together with R, Step R forward, Hold
- 3&4& Step L to left, Step R together with L, Step L back, Hold
- 5&6& Step R to right, Step L together with R, Step R back, Hold
- 7&8& Step L to left, R together with L, Step L ¼ left, Hold

Just Weaves Tag – 8 counts – do just once

Do two 8-step Weaves, turning ¼ left on the second weave (9:00) (See Section A for more detailed description)

Heel Section - 16 counts

Four Heel taps, 3-step ¼ turn left	
1&2&	4 Heel Taps on R Heel
3&4&	Step back R, Step L ¼ left, Step R next to L, Hold
5&6&	4 Heel Taps on L
7&8&	Step back L, Step R ¼ left, Step L next to R, Hold

(9-16): Repeat previous 8 steps to circle back to front (12:00) wall



Bridge - 32 counts, do just once Two Rocking chairs, Four Heel Tap Turns, Two Rocking Chairs, Four Scissors	
1-4	Rock Forward on R, Recover on L, Rock Back on R, Recover on L
5-8	Repeat previous 4 steps
1&2& 3&4& 5-8	2 R Heel Taps, Step R back turning ¼ to left, Hold 2 L Heel Taps, Step L back, turning ¼ to left, Hold Repeat previous 8 steps, to circle back to front (12:00) wall
1-8	2 Rocking chairs (see description above)
1-8	4 scissors steps (described in Part A) moving only slightly forward

Short Heel Section – 16 counts, do just once: (1-16): Do Heel Section through count 8. On 3rd "heel" don't turn, and on 4th "heel" just tap L heel, step L back for counts 5 and 6 (take weight), and then "roll"....to keep it "Rolling" to finish 16 counts. You will end on the Front (12:00) Wall

Enjoy!

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