

Hey, Hey, Hey Soul Sister

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Val Saari (CAN) - May 2018
音樂: Hey, Soul Sister - Train : (iTunes)



R TOE-TOUCHES, REVERSE GRAPEVINE, L TOE-TOUCHES, REVERSE GRAPEVINE

1-2 Tap RF toes to 1:00 twice
3&4 Cross-step RF behind left; Step LF left, Cross-step RF in front of L, hold
5-6 Tap LF toes to 11:00 twice
7&8 Cross-step LF behind R, Step RF right, Cross-step LF in front of R, hold

RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK

1-2 Rock RF forward, Recover LF
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Rock LF forward, Recover RF
7&8 Rock LF back, Recover RF, Step LF beside right

LINDY RIGHT PIVOT 1/4 L, LINDY LEFT

1&2 Shuffle right, RLR
3-4 Rock back on LF pivot 1/4 L, Recover on RF
5&6 Shuffle left, LRL
7-8 Rock back on RF, Recover on LF

1/4 PIVOT LEFT X 2, R JAZZ BOX

1-2 Step RF forward, Pivot 1/4 turn left (weight on left)
3-4 Step RF forward, Pivot 1/4 turn left (weight on left)
5-6 Cross Step RF over L, Step LF back
7-8 Step RF beside L, Step LF together

REPEAT - No Tags, No Restarts

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