Familiar EZ



拍數: 40 編數: Phrased Beginner / Improver

編舞者: Maryloo (FR) - June 2018

音樂: Familiar - Liam Payne & J Balvin



Intro: 8 counts - Sequences: AA BB CC AA BB CCC AA BB CCCC

PARTY A: 16 counts

A1: R FWD MAMBO, L BACK MAMBO, R SIDE MAMBO, L SIDE MAMBO

1&2 Rock R forward, recover on L, step R next to L
3&4 Rock L backward, recover on R, step L next to R
5&6 Rock R to side, recover on L, step R next to L
7&8 Rock L to side, recover on R, step L next to R

A2: SIDE, TOGETHER, R SHUFFLE, SIDE, TOGETHER, L SHUFFLE 1/4 TURN L

1-2 Step R to side, step L next to R

3&4 Step R to side, step L next to R, step R to side

5-6 Step L to side, step R next to L

7&8 Step L to side, step R next to L, ¼ turn to L stepping L forward

PARTY B: 8 counts

B1: PADDLE FULL TURN L (1/4 TURN 4 X), JAZZ BOX

1&2&3&4& Step R forward, make 1/4 turn L stepping L in place (repeat 4 X)

Optional arm movements: make small circles with the right arm over your head and move your hips!

5-8 Cross R over L, step L back, step R to side, step L forward

PARTY C: 16 counts

C1 : SYNCOPATED SIDE TOGETHER (3 X), STEP R TO SIDE, SYNCOPATED SIDE TOGETHER L (3 X),

STEP L TO SIDE

1&2&3&4 Step R to side, step L next to R (repeat 3X), step R to side 5&6&7&8 Step L to side, step R next to L (repeat 3 X), step L to side

Optional arm movements: You can push both hands on the right side

C2: SHUFFLE BOX FULL TURN TO LEFT

& Turn ¼ L

1&2 Step R to side, step L together, step R to side

& Turn ¼ L

3&4 Step L to side, step R together, step L to side

& Turn ¼ L

5&6 Step R to side, step L together, step R to side

& Turn ¼ L

7&8 Step L to side, step R together, step L to side

Optional arm movements: Stretch arms over your head, to the right on right side shuffles, to the left on left side shuffles!

Have Fun!

Contact Choreographer: Maryloo : maryloo.win68@gmail.com - WEBSITE : www.line-for-fun.com

Last Update - 11th June 2018