Whiplash (P)

拍數: 88

級數: Intermediate Partner

編舞者: Maria Cristina Bigini (IT) - May 2018

音樂: Holy Cowgirl (Dance Remix) - J Michael Harter

All couples start on lyrics after 32 counts facing LOD in Sweetheart Right Side By Side Position

[1-8] *Walking on right diagonal forward: Step - Lock - Shuffle - Rock - Slide - Stomp

- MAN
- 1-2 R Step fwd - Lock L back R
- 3&4 R Step fwd - close L back to R Heel
- 5-6 L Rock Step fwd - recover on R-
- 7-8 L Slide diagonal back - R Stomp together

[1-8] WOMAN

- 1-2 R Step fwd - Lock L back R
- 3&4 R Step fwd - close L back to R Heel
- L Rock Step fwd recover on R-5-6
- 7-8 L Slide diagonal back - R Stomp together

[9-16] *Walking on left diagonal forward: Step - Lock - Shuffle - Rock - Slide - Stomp

MAN

- 1-2 L Step fwd - Lock R back L
- 3&4 L Step fwd - Close R back to L Heel -
- 5-6 R Rock Step fwd - recover on L -
- 7-8 R Slide diagonal back - L Stomp together

[9-16] WOMAN

- 1-2 L Step fwd - Lock R back L
- 3&4 L Step fwd - Close R back to L Heel
- 5-6 R Rock Step fwd - recover on L -
- 7-8 R Slide diagonal back - L Stomp together

[17-24] *Facing again L.O.D. R vine – L Vine

MAN

- 1-2 R Step to R – Cross L behind R
- 3-4 R Step to R – L Scuff
- 5-6 L Step to L – Cross R behind L
- 7-8 L Steo to L – R Scuff

[17-24] WOMAN

- R Step to R Cross L behind R 1-2
- 3-4 R Step to R – L Scuff
- 5-6 L Step to L – Cross R behind L
- 7-8 L Step to L – R Scuff
- *Restart here only at 2nd Wall

[25-32] Diagonal Steps - Stamps MAN

- 1-2 R Step diagonal fwd - L Stomp Up together
- L Step diagonal fwd R Stomp Up together 3-4
- 5-6 R Step diagonal back - L Stomp Up together





牆數: 1

7-8 L Step diagonal fwd – R Stomp Up together

[25-32] WOMAN

- 1-2 R Step diagonal fwd L Stomp Up together
- 3-4 L Step diagonal fwd R Stomp Up together
- 5-6 R Step diagonal back L Stomp Up together
- 7-8 L Step diagonal fwd R Stomp Up together

[33-40] M: R Vine–Touch–L vine–Stamp W: R Vine-Touch–Turning Wave–Stamp

MAN

- 1-2 R Step to R Cross L behind R
- 3-4 R Step to R L Touch together

*Here change into Open Two Hands Position

- 5-6 L Step to L Cross R behind
- 7-8 L Step to L R Stomp Up together

[33-40] WOMAN

- 1-2 R Step to R Cross L behind R
- 3-4 R Step to R L Touch together

*Here change into Open Two Hands Position

- 5-6 turn1/2 to L Cross L over R R step to R
- 7-8 Cross L behind R R Stomp Up together

[41-48] Touch Hip Bumps – Stomps

MAN

- 1-2 R Touch diagonal fwd and R Hip Bump with partner close R together
- 3-4 L Touch diagonal fwd and L Hip Bump with partner close L together
- 5- 6 Repeat counts 41 42
- 7-8 R Stomp L Stomp apart

[41-48] WOMAN

- 1-2 R Touch diagonal fwd and R Hip Bump with partner close R together
- 3-4 L Touch diagonal fwd and L Hip Bump with partner close L together
- 5-6 R Touch diagonal fwd and R Hip Bump with partner Turn ½ to R weight on R
- 7-8 L Stomp R Stomp Up apart

*now couples are in Indian position but without hands

[1-4] TAG Only here at 1st wall - Quick Steps

*MAN and WOMAN do the same steps

- 1& R Step to R L Step to L
- 2& R Step to R L Step to L
- 3& R Step to R L Step to L
- 4& R Step to R L Step to L

[49-56] M:Heel Jacks - Monterey W:Heel Jacks - modified Monterey

MAN

&1-&2 R Step diagonal back turning ¼ to L - L Heel diagonal fwd facing I.L.O.D. and open hands lateral R to R, L to L-L Step at Home turning ¼ to R – Close R together with weight on R and Close hands

- &3-&4 Repeat Counts &49&50 of Woman
- 5-6 Point R to R Side turning ¼ to R on L Ball close L near R weight on R
- 7-8 Point L to L side Close L near R weight on L

[49-56] WOMAN

- &1-&2 L Step diagonal back turning ¼ to R R Heel diagonal fwd facing O.L.O.D.and open hands lateral R to R, L to L R Step at Home turning ¼ to L -Close L together with weight on L and Close hands
- &3-&4 Repeat Counts &49&50 of Man

5-6 Point R to R side - turning ³/₄ to R on L Ball make L Step to L and close R near L weight on R
7-8 Point L to L side - Close L near R weight on L

*now couples are in Challenge Position facing Men OLOD and Women ILOD but with partner on left diagonal, new partner on right diagonal and no one fwd

[57-64] M: Shuffle-Crossing Chassé-Shuffle-Chassé

[57-64] W: Shuffle-Crossing Chassé-Shuffle-Step-Touch

- MAN
- 1&2 R Step fwd- close L Step near R Heel R Step fwd
- 3&4 Cross L over R- recover weight on R- Cross L over R
- 5&6 R Step back- close L Heel near R Toe R Step back
- 7&8 L Step to L- close R near L- L Step to L

*man takes hands of woman in Open Two Hands Position again

[57-64] WOMAN

- 1&2 R Step fwd- close L Step near R Heel R Step fwd
- 3&4 Cross L over R- recover weight on R- Cross L over R
- 5&6 R Step back close L Heel near R Toe R Step back
- 7-8 L Step to L-close R near L weight on R

*man takes hands of woman in Open Two Hands Position again

[65-72] Steps – Touches Rolling Vines

*with L hand man aids Woman to roll finishing in Sweetheart Right Wrap position MAN

- 1-2 R Step to R- close L together with weight
- 3-4 R Step back turning ¹/₄ to L- L Step together weight on L

*man leaves R woman's hand and holding with his R hand only her L hand, makes she roll to R

- 5-6 R Step to R- L Touch together
- 7-8 L Step to L- R Touch together

[65-72] WOMAN

- 1-2 L Step fwd turning ¼ to L- R Step back turning ½ to L
- 3-4 L Step close to R R touch close to L
- *man leaves R woman's hand and holding with his R hand only her L hand, makes she roll to R
- 5-6 R Step fwd turning ¼ to R- L Step back turning ½ to R
- 7-8 R Step fwd turning ¼ to R- L Touch together

*At this moment the couples are in Right Open Promenade position facing L.O.D.

[73-80] M: Steps – Touches W: Rolling Vines

MAN

- 1-2 R Step to R L Touch together
- 3-4 Step R to R turning ¼ to L- L Touch together
- *all couples are again in Sweetheart Right Wrap position facing I.L.O.D.
- 5-6 Repeat counts 69-70
- 7-8 Repeat counts 71-72

[73-80]WOMAN

- 1-2 L Step fwd turning ¼ to L-R Step back turning ½ to L
- 3-4 L Step fwd turning ½ to L R Touch together
- *all couples are again in Sweetheart Right Wrap position facing I.L.O.D.
- 5- 6 Repeat counts 69-70
- 7-8 Repeat counts 71-72

*couples are all in Right Open Promenade position and everyone leaves the hands

 [81-88] M: Jazz box – Scoots – Stomps W: Jazz Box – Jumping Taps – Stomps

 MAN

 1- 2
 Cross R Step over L- L Step back 3- 4 Turning ¼ to R close R near L- L Step fwd 5- 6 Man using the woman's push makes 2 R Scoots on L diagonal fwd

 7- 8
 R Stomp- L Stomp

[81-88]WOMAN

- 1-2 Cross R Step over L- L Step back
- 3-4 Turning ¹/₄ to R close R near L-L Step fwd pushing with hands on man's Shoulders fwd

*Here couples are in Reverse Indian Position

- 5-6 Woman using the push makes 2 R Toe Touches jumping on R diagonal back
- 7-8 R Stomp- L Stomp

*Take new Partner close to you, start again in Sweetheart Side by Side Right position & enjoy!

NOTE: If you need the images of Couples Positions contact the Coreographer!!!

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