Fall In Line



拍數: 72 牆數: 2 級數: Intermediate

編舞者: Adam Åstmar (SWE) - June 2018

音樂: Fall in Line (feat. Demi Lovato) - Christina Aguilera



Intro: 24 Counts (approx. 12 seconds)

Sect - 1: R Side. L Drag. 1 / 4. 1 / 4. L Cross

- 1 3 (1) Step to the right on RF prepping body to the right. (2, 3) Drag LF to RF.
- 4 6 (4) Turn 1 / 4 to the left stepping forward on LF. (5) Turn 1 / 4 to the left stepping to the right on RF. (6) Cross LF over RF. {6:00}

Sect - 2: 1 / 4 /w L Sweep. R Weave

- 1 3 (1) Turn 1 / 4 to the left stepping back on RF. (2, 3) Sweep LF from front to back. (3) Finish sweeping LF. {3:00}
- 4 6 (4) Step LF behind RF. (5) Step to the right on RF. (6) Cross LF over RF.

Sect – 3: R Scissor Step. 3 / 4 Hook Turn

- 1 3 (1) Step to the right on RF. (2) Close LF next to RF. (3) Slightly cross RF over LF.
- 4 6 (4, 5, 6) Turn 3 / 4 to the right on LF while slightly hooking with RF. {12:00}

Option: Turn 1 / 4 to the left and sweep RF from back to front.

Sect - 4: R Twinkle, L Twinkle 1 / 2

- 1 3 (1) Cross RF over LF. (2) Rock to the left on LF. (3) Recover on RF.
- 4 6 (4) Cross LF over RF. (5) Turn 1 / 4 to the left stepping back on RF. (6) Turn 1 / 4 to the left stepping to the left on LF. {6:00}

Sect – 5: R Cross. L Point. Hold. L Back. R Sweep

- 1 3 (1) Cross RF over LF. (2) Point to the left with LF. (3) Hold.
- 4 6 (4) Step back on LF. (5, 6) Sweep RF from front to back.

Sect - 6: L Weave. L Side Rock. R Recover. L Cross

- 1 3 (1) Step RF behind LF. (2) Step to the left on LF. (3) Cross RF over LF.
- 4 6 (4) Rock to the left on LF. (5) Recover on RF. (6) Cross LF over RF.

Sect - 7: Basic 1 / 4 L. Shuffle 1 / 2 L

- 1 3 (1) Turn 1 / 4 to the left stepping back on RF. (2) Close LF next to RF. (3) Step RF in place.
- 4 6 (4) Turn 1 / 4 to the left stepping to the side on LF. (5) Close RF next to LF. (6) Turn 1 / 4 to the left stepping forward on LF. {9:00}

Sect - 8: R Press Forward. L Recover. R Back. Shuffle 3 / 4 L

- 1 3 (1) Press forward on RF. (2) Recover on LF. (3) Step back on RF.
- 4 6 (4) Turn 1 / 4 to the left stepping to the side on LF. (5) Turn 1 / 4 to the left closing RF next to LF. (6) Turn 1 / 4 to the left stepping forward on LF. {12:00}
- Restart on wall 5. -

Sect - 9: R Cross. L Kick. L Hitch. L Cross. R Sweep

- 1 3 (1) Cross RF over LF. (2) Kick LF to the left diagonal. (3) Hitch LF slightly across RF.
- 4 6 (4) Cross LF over RF. (5, 6) Sweep RF from back to front.

Sect - 10: L Weave. L Side. R Drag.

- 1 3 (1) Cross RF over LF. (2) Step to the left on LF. (3) Step RF behind LF.
- 4 6 (4) Step to the left on LF prepping body to the left. (2, 3) Drag RF to LF.

Sect - 11: 1 / 4 R. 1 / 2 R. 1 / 4 R. L Twinkle

- 1 3 (1) Turn 1 / 4 to the right stepping forward on RF. (2) Turn 1 / 2 to the right stepping back on LF. (3) Turn 1 / 4 to the right stepping to the side on RF. {12:00}
- 4 6 (4) Cross LF over RF. (5) Rock to the right on RF. (6) Recover on LF.

Sect - 12: R Cross. 1 / 4. R Close. L Back. 1 / 4 R. L Cross

- 1 3 (1) Cross RF over LF. (2) Turn 1 / 4 to the right stepping back on LF. (3) Close RF next to LF. {3:00}
- 4 6 (4) Step back on LF. (5) Turn 1 / 4 to the right stepping to the side on RF. (6) Cross LF over RF.

Note On wall 5 you restart after section 8, facing {12:00}

Have fun!

Contact: adam.astmar@gmail.com