

Shades On

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Easy Beginner
編舞者: Heather Hendershot (CAN) - June 2018
音樂: Shades On - The Vamps



Walk forward RLR, kick forward with L, Walk back LRL, touch R

- 1-4 Walk forward R, L, R, Kick your left foot forward
5-8 Walk back L,R,L Touch your right toe next to your L foot

Vine Right, Vine Left with ¼ turn

- 1-4 Step out R to R side, L foot behind R, out with R, touch left foot next to R
5-8 Step out L to L side, R foot behind L, out with L making a ¼ turn to L, touch R next to L

Large Step R, Touch L, Hip Shake, Large Step L, Touch R, Hip Shake

- 1-2 Take a large step forward at a diagonal with R foot, bring L together and touch
3&4 Shake/ roll hips
5-6 Take large step forward at a diagonal with L foot, bring R together and touch
7&8 Shake/ roll hips

Vine Right, Vine Left with ¼ turn

- 1-4 Step out R to R side, L foot behind R, out with R, touch left foot next to R
5-8 Step out L to L side, R foot behind L, out with L making a ¼ turn to L, touch R next to L

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