

She's Amazing

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4
編舞者: Madita Ahlborn - June 2018
音樂: She's with Me - High Valley

級數: Low Intermediate



[1-8] Side Rock, behind-side-cross, side rock, behind- side-cross

- 1-2 Step R to R (1), put weight back on L (2),
- 3&4 cross R behind L (3), Step L to L (&), cross R over L (4),
- 5-6 Step L to L (5), put weight back on R(6),
- 7&8 cross L behind R (7), Step R to R (&), cross L over R (8)

[9-16] ¼ turn R, Step fwd., ½ turn, 2 x ½ turn, Chassé R fwd, Rock Step

- 1-2 ¼ turn R, R step vor – 3 o'clock (1), ½ turn L, weight is on both feet during the turn, at the end put weight on L – 9 o'clock (2),
- 3-4 ½ turn L, R step back (3), ½ turn L, L step fwd. (4),
- 5&6 R step fwd. (5), L next to R (&), R step fwd. (6),
- 7-8 L step fwd. (7), weight back on L (8)

During wall 6 you have a restart here (facing 6 o'clock): Count 7 stays the same, count 8 step R next to L without change in weight – weight stays on L

[17-24] Chassé Lock Step back 2x, glide turning full turn

- 1&2 L step back (1), R cross in front of L (&), L step back (2),
- 3&4 R step back (3), L cross over R (&) R step back (4),
- 5-8 ¼ turn L, slide L to L (5), slide R next to L, ¼ turn L, slide R to R (6), slide L next to R, ¼ turn L, slide L to L (7), slide R next to L, ¼ turn L, slide R to R (8)

[25-32] L Sailor Step, R Sailor Step, Heel, Heel, Hook, Step, Step

- 1&2 L step behind R (1), step R to R (&), step L to L (2),
- 3&4 step R behind L (3), step L to L next to R (&), step R to R (4),
- 5&6& L heel fwd. (5), step L next to R (&), R heel fwd. (6), Hook R over L (&),
- 7-8 step R fwd. (7), L next to R (8)

TAG: Point, Point, Heel R, Heel L, Pivot Turn 2x

- 1&2& Point R to R (1), R next to L (&), L point to L (2), L back next to R (&),
- 3&4& R heel fwd. (3), R next to L (&), L heel fwd. (4), L next to R (&),
- 5-6 step R fwd. (5), ½ turn L, weight is on L (6),
- 7-8 step R fwd. (7), ½ turn L, weight is on L (8)

Tag will be danced after wall 2 facing 6 o'clock

Have fun !

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