I'm Shining



拍數: 64 牆數: 0 級數: Intermediate

編舞者: Chris Jones (UK) - June 2018

音樂: Shine - Years & Years: (Album: Communion, Deluxe)



Music Chosen by Terry (Thankyou)

Cross rock, chasse right, & side rock cross shuffle.

1-2 Cross rock right over left, recover onto Left,

Step right to side, step left beside right, step right to right side,
Step left beside right, rock right to right side, recover onto left
Cross right across left, step left to left side, cross right across left,

Grapevine ¼ left, step ½ step, full turn triple,

1-3 Step left to left , cross right behind left, step ½ turn left stepping forward left,

4-6 Step right forward, turn half pivot to left, step right forward,

7&8 Full turn triple right, stepping left right left,

Half turning Arc to right, Half turning Arc to left,

1-2 Turning ¼ turn right step right forward, lock left behind right,

Turning ½ turn right step right forward, lock left behind right, step right forward (semi circle

shape)

5-6 Turning ½ turn left step left forward, lock right behind left,

7&8 Turning ¼ turn left step left forward, lock rightbehind left, step left forward (semi circle shape)

Forward rock, full turn triple right, forward rock, coaster step.

1-2 Rock forward onto right, recover onto left,

3&4 Turning a full turn to right step right, left, right, (right coaster step for non turners)

5-6 Rock forward onto left, recover onto right,

7&8 Step back onto left, step right next to left, step forward onto left,

Forward V step with taps, back V step with taps,

Step right forward to right diagonal, step left forward to left diagonal,
Step back to centre on right, tap left next to right, step left next to right,

5-6 Step right back to right diagonal, step left back to left diagonal,

7&8 Step forward to centre on right, tap left next to right, step left next to right,

Step right forward pivot 1/4 left, kick ball change, repeat,

1-2 Step right forward, turn ¼ to left,

3&4 Kick right forward, replace right next to left, step left next to right,

5-6 Step right forward, turn ¼ to left,

7&8 Kick right forward, replace right next to left, step left next to right,

Cross side sailor step x 2,

1-2 Cross right across left, step left to left side,

3&4 Step right behind left step left to left, step right to right side

5-6 Cross left across right, step right to right side,

7&8 Step left behind right step right to right, step left to left side,

Step pivot ½ left with kick, coaster step, forward rock & forward rock,

1-2 Step right forward, turn ½ to left keeping weight on right, kick left forward,

Step back onto left, step right next to left, step forward onto left, 5-6& Rock forward on right, recover on left, step right next to left, 7-8& Rock forward on left, recover on right, step left next to right.

Tag, 16 counts end of wall 2,

Cross side sailor step cross ¼ ¼ turning shuffle x 2,

1-2 Cross right across left, step left to left side,

3&4 Step right behind left step left to left, step right to right side

5-6 Cross left across right, step right ¼ turn left

7&8 Step left ¼ turn left stepping to side, step right to left, step left to left side,

Repeat last 8 counts.

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