

Lass uns Polka tanzen

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 4
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音樂: I mog di so - voXXclub

級數: Phrased Intermediate



Sequence: A-B-C-C-Tag 1-A-B-C-1/2C-Tag 2-C-C-C

Part A: 32 counts

A1: Chasse, back-rock, side-rock, back-rock

- 1&2 Step Right to Right side, Step Left together, Step Right to Right side
- 3-4 Rock Left back, Recover weight on Right
- 5-6 Rock Left to Left side, Recover weight on Right
- 7-8 Rock Left back, Recover weight on Right

A2: Side, behind, turn, step, rock-step, coaster step, touch

- 1 Step Left to Left side
- 2&3 Cross Right behind Left, Step Left side turning ¼ left, Step Right forward
- 4, 5 Rock Left forward, Recover weight on Right
- 6&7 Step Left back, Step Right together, Step Left forward
- 8 Touch Right together (weight on Left)

A3: Chasse, back-rock, side-rock, back-rock

- 1&2 Step Right to Right side, Step Left together, Step Right to Right side
- 3-4 Rock Left back, Recover weight on Right
- 5-6 Rock Left to Left side, Recover weight on Right
- 7-8 Rock Left back, Recover weight on Right

A4: Side, behind, turn, step, rock-step, coaster step, together

- 1 Step Left to Left side
- 2&3 Cross Right behind Left, Step Left side turning ¼ left, Step Right forward
- 4, 5 Rock Left forward, Recover weight on Right
- 6&7 Step Left back, Step Right together, Step Left forward
- 8 Step Right together

Part B: 32 counts

B1: side, hold, together, side, hold, side, hold, together, side, hold

- 1,2 Step Left to Left side, Hold
- &3, 4 Step Right together, Step Left to Left side, Hold
- 5, 6 Step Right to Right side, Hold
- &7, 8 Step Left together, Step Right to Right side, Hold

B2: cross, back, side, hold, cross, back, 1/4 turn r, hold

- 1, 2 Cross Left over Right, Step Right back
- 3, 4 Step Left to Left side, Hold
- 5, 6 Cross Right over Left, Step Left back turning ¼ right
- 7, 8 Step Right to Right, Hold

B3: cross-rock, side, hold, cross-rock, side, hold

- 1, 2 Cross Left over Right, Recover weight on Right
- 3, 4 Step Left to Left side, Hold
- 5, 6 Cross Right over Left, Recover weight on Left
- 7, 8 Step Right to Right side, Hold

B4: Cross, hold, back, hold, 1/4 turn l, hold, touch, hold

- 1, 2 Cross Left over Right, Hold
- 3, 4 Step Right back, Hold
- 5, 6 Step Left side turning ¼ left, Hold
- 7, 8 Touch Right together (weight on Left), Hold

Part C: 32 counts

C1: Shuffle fwd 2 x, rock-step, 1/2 turn r 2 x

- 1&2 Step Right forward, step Left together, step Right forward
- 3&4 Step Left forward, step Right together, step Left forward
- 5, 6 Rock Right forward, Recover weight on Left
- 7, 8 Step Right forward, pivot ½ right, Make ½ turn right stepping back Left

C2: Back-rock, kick, together, point, together, point, cross, 1/4 turn r, side

- 1, 2 Rock Right back, Recover weight on Left
- 3&4 Kick Right forward, Step Right together, Point Left side
- &5 Step Left together, Point Right side
- 6-8 Cross Right over Left, Step Left back turning ¼ right, Step Right to Right side

(Wall 8: Add Tag 2 and Start from Beginning of Part C)

C3: Cross, side, behind, side, cross, rocking chair

- 1, 2 Cross Left over Right, Step Right to Right side
- 3&4 Cross Left behind Right, step Right to Right side, Cross Left over Right
- 5, 6 Rock Right forward, Recover weight on Left
- 7, 8 Rock Right back, Recover weight on Left

C4: step, 1/2 turn l, step, 1/2 turn l, jazz box

- 1, 2 Step Right forward, pivot ½ left
- 3, 4 Step Right forward, pivot ½ left
- 5-8 Cross Right over Left, Step Left back, Step Right to Right side, Step Left forward

(Wall 4: Add Tag 1)

Tags

Tag 1: at the End of Wall 4 (after 2nd Part C)

side, hold (3 x), side, hold (3 x)

- 1-4 Step Right to Right, Hold for 3 Counts
- 7, 8 Step Left to Left, Hold for 3 Counts

Tag 2: at Wall 8 (after 16 Counts of 4th Part C)

Cross, side, behind, side, hold, side, behind, side, cross, hold

- 1& Cross Left over Right, Step Right to Right side
- 2& Cross Left behind R, Step Right to Right side
- 3, 4 Cross Left over Right, Hold
- 5& Step Right to Right side, Cross Left behind Right
- 6, 7 Step Right to Right side, Cross Left over Right
- 8 Hold

side, behind, side, cross, hold, touch

- 1& Step Right to Right side, Cross Left behind Right
- 2, 3 Step Right to Right side, Cross Left over Right
- 4 Hold
- 5-8 Touch Right diagonally (weight on Left), Hold for 3 Counts

Start again and have fun

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