Panic! At The Disco

級數: Phrased High Intermediate

編舞者: Hiroko Carlsson (AUS) - June 2018

音樂: High Hopes - Panic! At the Disco: (iTunes)

牆數:2

(16 count intro) Sequence: A-A-B-A-A-B-A-A Part A: 32 counts [AS1] Kick Ball, 2x Step-Pivot 1/2R, Fwd, Fwd, Heel-&-Point-&-Heel-&-Back w/Hitch 1& Kick R forward, Step R next to L Step L forward, Make a 1/2 turn right recover weight on R, Step L forward, Make a 1/2 turn right 2&3& recover weight on R 4& Step L forward, Step R forward 5&6& L heel forward, Step L together, Point R to right side, Step R together 7&8 L heel forward, Step L together, Step R back and hitch L (12:00) [AS2] Step-Pivot 1/2R, Shuffle Fwd, Out-Out, 2x Heel Fan-Rock Behind Step L forward, Make a 1/2 turn right recover weight on R 1& 2&3 Shuffle L-R-L &4 Step R to right side (out), Step L to left side (out) 5& Keeping the weight on toes and both heels fan out. Twist both heels back to the centre 6& Rock/step L behind R, Recover weight on R 7& Step L to side keeping the weight on toes and both heels fan out, Twist both heels back to the centre 8& Rock/step R behind L, Recover weight on L (6:00) [AS3] 1/4L Side w/Hitch, L Chasse, 1/4L Side w/Hitch, Side, 2x Heel Grind-Side Rock, Heel Grind-Side

- Make a ¼ turn left stepping R to side, Hitch L (weight on R) 1&
- 2&3 Step L to left side, Step R close to L, Step L to left side
- &4& Make a 1/4 turn left stepping R to side, Hitch L (weight on R), Step L to left side
- 5&6 R heel grind, Rock/step L next to R, Recover weight on R
- &7& L heel grind, Rock/step R next to L, Recover weight on L
- R heel grind, Step L to side (12:00) 8&

[AS4] Rock Back, Step-Pencil Turn 1/2R, Rocking Chair, Out-Out (Heel-Toe Drop), Coaster Step

- Rock/step R back, Recover weight on L 1&
- 2& Step R forward, On ball of right foot make a 1/2 turn right
- 3&4& Rock/step L forward, Recover weight on R, Rock/step L back, Recover weight on R
- 5&6& L heel diagonally forward (out), Drop L toe, R heel to side (out), Drop R toe
- 7&8 Step L back, Step R next to L, Step L forward (6:00)

Part B: 16 counts

[BS1] 1/8R Fwd w/ Sweep, Fwd Rock, Back w/ Sweep, Rock Back-1/8L Recover, Step-Pivot 1/2L, 7/8R Triple Turn	
1 2&	Make a 1/8 turn right stepping forward on R and sweep L around R, Rock/step L forward, Recover weight on R (1:30)
3 4&	Step L back and sweep R around L, Rock/step R back, Make a 1/8 turn left recover weight on L (12:00)
56	Step R forward, Make a ½ turn left recover weight on L
7&8	Step R forward, Make a ½ turn right stepping back on L, Make a 3/8 turn right stepping forward on R (4:30)

拍數: 48





[BS2] Fwd w R	/ Sweep, Fwd Rock, Back w/ Sweep, Rock Back-1/8R Recover, Step-Pivot 1/2R, Full Triple Turn
1 2&	Step L forward and sweep R around L, Rock/step R forward, Recover weight on L (4:30)
3 4&	Step R back and sweep L around R, Rock/step L back, Make a 1/8 turn right recover weight on R (6:00)
56	Step L forward, Make a ½ turn right recover weight on R
7&8	Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R, Step L forward (6:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 24/June/18)