More Than You Know

拍數: 32

Intro: 16 counts

級數: Improver

編舞者: Festif Country Club's Students - June 2018

音樂: More Than You Know - Axwell A Ingrosso

[1-8] - R WALK 1 – 2	X, L WALK, R TRIPLE STEP, STEP 1/2 TURN, L KICK BALL STEP Step RF forward (1), Step LF forward (2)
3 & 4	Step RF forward (3), Step LF next to RF (&), Step RF forward (4)
5-6	Step LF forward (5), Make a R 1/2 turn (6) 06:00
7&8	Kick LF forward G (7), Step LF beside RF (&) and Step RF forward (8)
OPTION : STEP LOCK STEP instead of R TRIPLE STEP	
[9-16] - L STEP 1/4 TURN, L CROSS SHUFFLE, R SIDE ROCK, BEHIND SIDE CROSS	
1 - 2	Step LF forward (1), 1/4 turn to the R (2) 09:00
3 & 4	Cross LF over RF (3), RF to R side (&), Cross LF over RF (4)
5-6	RF to R side (5), Recover on LF (6)
7 & 8	Step RF behind LF (7), LF to L side (&), Cross RF over LF (8)
[17—24] - L STEP, R POINT SIDE, R CROSS, L BACK R SIDE, L TOUCH IN AND OUT, L SAILOR STEP	
1 – 2	Step LF forward (1), Point RF to R side (2)
3 & 4	Cross RF over LF (3), Step LF backward (&), RF to R side (4)
5 - 6	Touch LF beside RF (5), Touch LF to L side (6)
7&8	Cross LF behind RF (7), RF to R side (&), LF to L side (8)
[25–32] - R CROSS ROCK, R COASTER STEP, L STEP 1/2 TURN, TRIPLE FULL TURN	
1 - 2	Cross RF over LF (1), Recover on LF (2)
3 & 4	Step RF backward (3), LF next to RF (&), Step RF forward (4)
5 - 6	Step LF forward (5), 1/2 turn to the R (6) 03:00
7 & 8	Triple step full turn to the R (L, R, L)

Easy OPTION : RUN X 3 instead of TRIPLE FULL TURN

FINAL : R WALK, L WALK, R SHUFFLE, L ROCK, COASTER STEP

- Step RF forward (1), Step LF forward (2) 1 – 2
- 3&4 Step RF forward (3), Step LF next to RF (&), Step RF forward (4)
- 5 6 Step LF forward (5), Recover on RF (6)
- 7 & 8 Step LF backward (7), RF next to LF (&), Step LF forward (8)

June 2018

Contact: steph.bijon@free.fr Last Update - 2nd July 2018



牆數:4