

Solar Power Girl

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jeni Bradshaw (UK) - June 2018
音樂: Solar Power Girl (feat. Timbaland) - Brad Paisley : (Album: Love And War)



Notes: 32 count intro (start on vocals) 2 Restarts, after 48 counts, on walls 2 & 4

Section 1: Right Dorothy Heel Switches, Left Dorothy Heel Switches

1,2& Step R foot forward to R diagonal, Lock L behind R, Step R foot forward to R diagonal
3&4& Straightening to 12 O'Clock Touch L heel forward, step L next to R, touch R heel forward, step R next to L
5,6& Step L foot forward to L diagonal, Lock R behind L, Step L foot forward to L diagonal
7&8& Straightening to 12 O'Clock Touch R heel forward, step R next to L, touch L heel forward, step L next to R

Section 2: Right mambo forward, L Coaster Cross, Syncopated Side Rocks R & L

1&2 Rock R foot forward, lift and replace L, Step R foot back
3&4 Step L foot back, Step R foot next to L, Step L foot across R
5,6& Rock R foot out to R side, Recover on L foot, Step R foot next to L foot
7,8 Rock L foot out to L side, Recover on R foot

Section 3: Left cross side sailor heel and Right cross side sailor ¼ turn

1,2 Cross L foot in front of R, Step R foot to the R
3&4& Step L foot behind R foot, Step R foot to R side, Tap L heel to L diagonal, Step L foot in place
5,6 Cross R foot in front of L, Step L foot to the L
7&8 Cross R foot behind L, turn ¼ R as you step L foot to the L, Step R foot to R side

Section 4: Stomp Left forward (slapping Right hand to right hip), ¼ R Popping Right Knee (Clicking Right Fingers), R Shuffle Forward - Repeat

1,2 Stomp L foot forward and slap R hand to R hip, Make ¼ R using ball of L foot and pop R knee clicking R fingers
3&4 Step forward on R foot, close L foot beside R, Step forward on R foot
5,6 Stomp L foot forward and slap R hand to R hip, Make ¼ R using ball of L foot and pop R knee clicking R fingers
7&8 Step forward on R foot, close L foot beside R, Step forward on R foot

Section 5: Turning right step pivot ½, ½ turn shuffle (travelling back), Make ¼ R Step right to the side, hold, right side shuffle

1,2 Step L foot forward, make ½ turn R stepping onto R foot
3&4 Using ball of R foot make ½ turn R stepping L foot back, close R foot beside L, Step L foot back
5,6 Make ¼ Turn R as you Step R foot to R side, Hold
&7&8 Step L foot next to R foot, Step R foot to R, Step L foot next to R foot, Step R foot to R

Section 6: Left cross rock 1/2 shuffle, spiral turn over left, Left shuffle forward

1,2 Rock L foot across R, Recover back on R foot
3&4 Using ball of R foot make ½ turn L stepping L foot forward, step R foot next to L, Step L foot forward
5,6 Step R foot forward, Make full turn L drawing L foot across R shin on the turn
7&8 Step L foot forward, Close R foot beside L, Step L foot forward (RESTART HERE WALL 2 & 4)

Section 7: Right kick, kick sailor step, Left kick, kick sailor ½ turn

1,2 Kick R foot forward, Kick R foot to R diagonal
3&4 Step R foot behind L, Step L foot to L side, Step R foot R
5,6 Kick L foot forward, Kick L foot to L diagonal
7&8 Cross L foot behind R foot, make ½ turn L stepping R foot in place, Step L foot forward

Section 8: Right Dorothy, L Dorothy, Step ½, Walk, Clap, Walk, Clap

1,2& Step R foot forward to R diagonal, Lock L behind R, Step R foot forward to R diagonal
3,4& Step L foot forward to L diagonal, Lock R behind L, Step L foot forward to L diagonal
5,6 Step R foot forward, make ½ turn L stepping onto L foot
7&8& Walk forward R foot, Clap, Walk forward L foot, Clap

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