Jacy's Rhythm

拍數: 64

級數: Improver

編舞者: Angéline Fourmage (FR) - July 2018

音樂: Jacy by Androma

Sequence: 48-64-48-64-64-64-64 Start: 32 COUNTS

[1-8] : Step R, Step L, Chassé R, Step L, Step R, Chassé L

- RF to R side, LF to L side 1-2
- 3&4 RF to R side, LF next to RF, RF to R side
- 5-6 LF to L side, RF to R side
- LF to L side, RF next to LF, LF to L side 7&8

[9-16] : Step 1/4 L, Hold, Step 1/2 R, Hold, Step, Hold, Step 1/2 L, Hold

- 1-2 RF to R side with 1/4 L, Hold
- 3-4 LF to L side with 1/2 R, Hold
- 5-6 RF to R side, Hold
- 7-8 LF to L side with 1/2 L, Hold

[17-24] : Paddle turn 1/2 L. Together. Paddle turn 1/4 R

- Point RF to the R side with 1/8 L, Point RF to the R side with 1/8 L 1-2
- 3-4 Point RF to the R side with 1/8 L, RF next to LF with 1/8 L
- 5-6 Point LF to the L side with 1/16 R, Point LF to the L side with 1/16 R
- 7-8 Point LF to the L side with 1/16 R. LF next to RF with 1/16 R

[25-32] : Jazz-Box, Mambo

- Cross RF over LF, LF Back 1-2
- 3-4 RF to R side, LF next to RF* (* Option : Jump)
- RF to R side, Recover to LF, RF next to LF 5&6
- 7&8 LF to L side, Recover to LF, LF next to RF

[33-40] : V Step, Triple Step, Heel, Heel

- 1-2 RF to R diagonal FW, LF to L diagonal FW
- 3&4 RF back, LF next to RF, RF back
- 5-6 Touch L heel FW, LF next to RF
- 7&8 Touch R heel FW, RF next to LF

[41-48] : V Step, Triple Step, Heel, Heel

- 1-2 LF to L diagonal FW, RF to R diagonal FW
- 3&4 LF back, RF next to LF, LF back
- 5-6 Touch R heel FW, RF next to LF
- 7&8 Touch L heel FW, LF next to RF

[49-56] : Rock Step, Coaster-Step, Rock Step, Coaster-Step

- RF FW. Recover to LF 1-2
- 3&4 RF back, LF next to RF, RF FW
- LF FW, Recover to RF 5-6
- 7&8 LF back, RF next to LF, LF FW

[57-64] : Mambo, Jump ¼ L, Jump ¼ L, Jump ¼ L, Jump ¼ L

- RF to R side, Recover to LF, RF next to LF 1&2
- 3&4 LF to L side, Recover to LF, LF next to RF





牆數:2

5-6	Jump	1⁄4	L,	Jump	1⁄4	L
7&8	Jump	1⁄4	L,	Jump	1⁄4	L

NOTA : RF = Right Foot , LF = Left Foot , FW = Forward Smile and enjoy the dance

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