Suga Suga



拍數: 32 牆數: 4 級數: Improver 編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - July 2018

音樂: Suga Suga (Spanglish) (feat. Shawn Stockman) - Miguelito



Start after 16 counts on vocals – approx.: 8 secs – Track: - 3mins 46 secs – 116 bpm Music Available Amazon

[1-8] R fwd, L side point, L samba, R fwd, L side point, L cross shuffle

1-2 Step R forward, point L side

3&4 Cross step L over R, rock R side, recover weight on L

5-6 Step R forward, point L side

7&8 Cross step L over R, step R side, cross step L over R

[9-16] R side rock/recover, R behind, ¼ L, R fwd, L fwd rock/recover, ½ L shuffle

1-2 Rock R side, recover weight on L

3&4 Cross step R behind L, turning ¼ left step L forward, step R forward (9 o'clock)

5-6 Rock L forward, recover weight on R

7&8 Turning ½ left step L forward, step R together, step L forward (3 o'clock)

WALL 4 & 8 RESTARTS:

During walls 4 & 8 which start facing L side wall, dance first 16 counts and restart facing front wall

[&17-24] R apart, L apart, hold, R back towards L, L fwd and slightly crossed over R, hold, R & L heel jacks

&1-2 Step R apart, step L apart, hold

&3-4 Step R back, slightly cross L over R, hold

Step R back, touch L heel forward
Step L back, cross step R over L
Step L back, touch R heel forward
Step R back, cross step L over R

[25-32] ½ L hinge, R fwd shuffle, L fwd, ½ R pivot turn, L fwd shuffle

1-2 Turning ¼ left step R back, turning ¼ left step L side (9 o'clock)

3&4 Step R forward, step L together, step R forward

5-6 Step L forward, pivot ½ right

7&8 Step L forward, step R together, step L forward (3 o'clock)

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Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P