

# La casa de Cécilia

**COPPER** KNOB  
STEPSHEETS

拍數: 104      牆數: 0      級數: Phrased Intermediate / Advanced  
編舞者: Angéline Fourmage (FR), Maryse Fourmage (FR) & Aëla Fourmage (FR) - July 2018  
音樂: My Life Is Going On - Cecilia Krull : (La Casa de Papel OST - amazon)



Sequence : A - A-A - B-C-D - A-A - B-C-D(16) - D  
Start : 16 COUNTS

## A : 8 Counts

**A1[1-8] : Basic Night-Club, Step, Side, Sweep, Behind, Side, Cross, Sweep, Cross, Back ¼ L, Basic Night-Club**

1-2&      RF to R side, LF behind RF, Cross RF over LF  
3-4&      LF to L side with R sweep from front to back, Cross RF behind LF, LF to L side  
5-6&      Cross RF over LF with LF from back to front, Cross LF over RF, Make ¼ L with RF back  
7-8&      LF to L side, RF behind LF, Cross LF over RF

## B : 32 Counts

**B1 [1-8] : Kick Ball, Rock Step, Sailor Step, Kick Ball, Rock Step**

1&2      R kick FW, RF next to LF, LF to L side  
3-4&      Recover to RF, LF behind, RF to R side  
5-6&      LF to L side, R kick FW, RF next to LF  
7-8      LF to L side, Recover to RF

**B2 [9-16] : Sailor Step, Step FW, Sweep, Jazz Box ½ L**

1&2      LF behind RF, RF to the R side, LF to L side  
3-4      RF FW with L sweep from back to front, Continue the sweep  
5-6      Cross LF over RF, Make ¼ L with RF Back  
7-8      Make ¼ L with LF to L, RF next to LF

**B3 [17-24] : Kick Ball, Rock Step, Sailor Step, Kick Ball, Rock Step**

1&2      L kick FW, LF next to RF, RF to R side  
3-4&      Recover to LF, RF behind, LF to L side  
5-6&      RF to R side, L kick FW, LF next to RF  
7-8      RF to R side, Recover to LF

**B4 [25-32] : Sailor Step, Cross, ¼ L, Sweep, Weave, Rock Step**

1&2      RF behind LF, LF to the L side, RF to R side  
3-4      Cross LF over RF, Make ¼ L with RF Back with L sweep from front to back  
5-6      Cross LF behind RF, RF to R side  
7-8&      Cross LF over RF, RF to R side, Recover to LF

## C : 32 Counts

**C1 [1-8] : Cross Samba, Cross Samba, ½ R Diamont**

1&2      Cross RF over LF, LF to L side, Recover to RF  
3&4      Cross LF over RF, RF to R side, Recover to LF  
5&6      Cross RF over LF, LF Back with 1/8 R, RF Back  
7&8      LF Back, RF to R side with 1/8 R, LF FW with 1/8 R

**C2 [9-16] : Cross Samba 1/8 R, Cross Samba, ½ R Diamont**

1&2      Cross RF over LF with 1/8 R, LF to L side  
3&4      Cross LF over RF, RF to R side, Recover to LF  
5&6      Cross RF over LF, LF Back with 1/8 R, RF Back

7&8                LF Back, RF to R side with 1/8 R, LF FW with 1/8 R

**C3 [17-24] : Step side, Step, Step, Step side, Rock Step, Step side, Rock Step, Step side, Step, Step**

1&2                Make 1/8 R with RF to the R side, LF next to RF, RF next to LF

3&4                LF to the L side, Cross RF behind LF, Recover to LF

5&6                RF to the R side, Cross LF behind RF, Recover to RF

7&8                LF to the L side, RF next to LF, LF next to RF

**C4 [25-32] : Mambo, Together, Mambo, Together, Mambo, Mambo**

1&2                RF back, Recover to LF, RF next to LF

3&4                LF back, Recover to RF, LF next to RF

5&6                RF to the R side, Recover to LF, RF next to LF

7&8                LF to the L side, Recover to RF, LF next to RF

**D : 24 Counts**

**D1 [1-8] : Walk, Walk, Mambo, Mambo, Step Turn ½ L**

1-2                RF FW, LF FW

3&4                RF FW, Recover to LF, RF back

5&6                LF back, Recover to RF, LF FW

7-8                RF FW, Turn ½ L (weight is on LF)

**D2 [9-16] : Walk, Walk, Mambo, Mambo, Step Turn ¼ L**

1-2                RF FW, LF FW

3&4                RF FW, Recover to LF, RF back

5&6                LF back, Recover to RF, LF FW

7-8                RF FW, Turn ¼ L (weight is on LF) Restart wall 9h

**D3 [17-24] : Jazz-Box, Arm, Step Back**

1-2                Cross RF over LF, LF back

3-4                RF to the R side, LF next to RF

5-6                Arm R hand FW, L hand FW

&7-8              Turn your arm with RF back, Push your arm FW, LF next to RF

**NOTA : RF = Right Foot , LF = Left Foot , FW = Forward**

**For the arms, watch the video**

**Smile and enjoy the dance**

**Contact : [maellynedance@gmail.com](mailto:maellynedance@gmail.com)**

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