

Take Me On

拍數: 32 牆數: 2 級數: Intermediate NC
編舞者: Christopher Gonzalez (USA) & Michael Barr (USA) - July 2018
音樂: Take On Me - a-ha : (CD: MTV Unplugged - Summer Solstice - 4:13)



Intro: 16 counts

[1 – 8] Forward ¼ Turn R, Side, Cross , Side - Rock, Return, ¼ Turn R w/sweep – Behind, Side, Syncopated Rock Steps

- 1, 2&3 Step L forward and turn ¼ right; Step R slightly back; Step L across R (&); Big step R side right (3 o'clock)
- 4 & 5 Rock L back; Return weight R crossing slightly in front of L; Step L side left as you sweep R from front to back into ¼ turn right (6 o'clock)
- 6&7& Step R behind L (6); Step L side left (&); Rock R forward in front of L (7); Return weight to L in place (&)
- 8& Rock R side right (8); Return weight to L in place (&) (6 o'clock)

[9 – 16] Step Behind w/sweep, Behind, Side, Cross Rock – Return, Side, Cross – Unwind ¾ L, Prep 2 Full Turns *

- 1, 2&3 Step R behind L as you sweep L front to back; Step L behind R; Step R side right (&); Rock L in front of R
- 4 & 5 Return weight to R in place; Step L side left; Step R across L (weight on ball of R)
- 6&7& Unwind ¾ turn to left, taking weight onto L (6); (prep) Step R forward (&); Turn ½ right stepping L back (7); Turn ½ right stepping R forward (&) (9 o'clock)
- 8& Turn ½ right stepping L back (8); Turn ½ right stepping R forward (&) (9 o'clock)

***Alternate: You can just walk L (8), walk R (&), instead of the last two ½ turns.**

[17-24] Step Forward w/lift R, Back, Back, Touch – ½ Turn Right, Back, Back w/sweep - Modified Syncopated Forward Lock Steps

- 1, 2&3 Step L forward lifting R foot/leg low going forward; Step R back; Step L back (&); Touch R back
- 4 & 5 Turn ½ right onto L; Step R back; Step L back as you sweep R from front to back (3 o'clock)
- 6&7& Step R behind L (6); Step L forw. to left diagonal (&); Step R forw. to right diagonal (7); Step L behind R (&)
- 8& Step R to forward right diagonal (8); Step L to forward left diagonal (&)

[25–32] Step Behind w/sweep, Behind, Side, Cross w/sweep – Cross, Side, Diagonal Back – ¼ Turn L, Forward, ½ Turn Left, Step (prep), ½ Turn R, ½ Turn R *

- 1, 2&3 Step R behind L as you sweep L from front to back; Step L behind R (&); Step R side right; Step L in front of R sweeping R from back to front
- 4 & 5 Step R in front of L; Step L side left; Step R back as you open your hips to the right diagonal
- 6&7& Turn 3/8 left step L forward (6); Step R forward (&); Turn ½ left onto L (7); Step (prep) R forward (&) (6 o'clock)
- 8& Turn ½ right stepping L back (8); Turn ½ right stepping R forward (&) (6 o'clock)

***Alternate: You can leave out the prep (&) and just walk forward L (8), walk forward R (&) at the end of the dance.**

Note: As the dance starts over try for a forward step melting into the ¼ turn right on count 1, as opposed to turning on the beginning of count 1. A small detail but we think it is worth it

BEGIN AGAIN and Enjoy!!!

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