On Top Of Old Smokey Locomotion

級數: Low Intermediate

編舞者: Val Saari (CAN) - July 2018

音樂: Old Smokey Loco-Motion - Little Eva

RF ROCK FWD, LF RECOVER, RF MAMBO BACK, SIDE MAMBO X 2 (L,R)

1-2 Rock RF forward, Recover LF

拍數: 32

- 3&4 Rock RF back, Recover LF, Step RF beside left
- LF Rock side left, RF recover, LF close together beside R 5&6
- RF Rock side right, LF recover, RF close together beside L 7&8

LF ROCK FWD, RF RECOVER, LF MAMBO BACK, STOMP CLAPS (R,L)

- Rock LF forward, Recover RF 1-2
- 3&4 Rock LF back, Recover RF, Step LF beside right
- 5-6 Stomp right forward, clap
- 7-8 Stomp left beside right, clap

SHUFFLE BACK RLR, LRL PIVOT 1/4 L, SIDE MAMBO R

- 1&2 Shuffle back (Right-Left-Right)
- 3&4 Pivot 1/4 Left shuffle (Left-Right-Left)
- 5-6 RF Rock side right, LF recover
- 7-8 RF close together beside L, hold

TRAVELLING SWIVELS/CLAP X 2 (R,L)

- Swivel both heels to right, both toes to right, both heels to right, Clap hands 1-4
- 5-8 Swivel both heels to left, both toes to left, both heels to left, Clap hands

REPEAT - No Tags, No Restarts

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牆數:4