

Dig It

拍數: 32 牆數: 4 級數: Improver
編舞者: JT Grimm - January 2018
音樂: Lone Digger - Caravan Palace : (Album Version)



Begin when the music picks up (40 counts after start of song)

[1-8] charleston step, charleston step with ½ turn, kick ball change, walk x2

- 1-2 weight on L point R toe forward sweeping foot outwards, step back on R again sweeping foot outwards
- 3-4 point L toe back sweeping foot outwards, keep L toe planted and pivot ½ turn around to your L, shift weight to L
- 5&6 kick forward with R, place weight onto ball of R, shift weight back to L
- 7-8 step forward on R, step forward on L

[9-16] wizard steps x2, wizard step with ¼ turn, cross unwind ½ turn

- 9-10& step forward on R, step L behind R, step forward on R
- 11-12& step forward on L, step R behind L, step forward on L
- 13-14& step forward on R while making ¼ turn to your L, step L behind R, step R beside L
- 15-16 point L toe crossing over R, unwind legs to make ½ turn to R shifting weight to L

[17-24] double bump, weave, monterey ½ turn

- 17-18 bump R hip x2 shifting weight to R
- 19&20 step L behind R, step R to R side, cross L over R
- 21-22 point R toe to R side, pivot ½ turn while bringing R back beside L placing weight on R
- 23-24 point L toe to L side, bring L back beside R placing weight on L

[25-32] walking double bumps x2, slide, hold, step, hold

- 25-26 bump right hip forward x2 placing weight on R
- 27-28 bump left hip forward x2 placing weight on L
- 29-30 slide R to R side dragging left behind, hold
- 31-32 step L slightly forward, hold

Restart on wall 7, count 17

Contact: Jeremiah.grimm@students.acp.edu
Last Update - 16th July 2018