It'S a Beach Thang



拍數: 48 牆數: 2 級數: Beginner

編舞者: Rick Todd (USA) - July 2018 音樂: It's a Beach Thang - Bill Coday



Shuffle Forward and Rock, Shuffle Back and Rock

1&2	Step forward on right. Step left next to right. Step forward on right
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3-4 Rock forward on left, recover on right

5&6 Step back on left, step right next to left, step back on left

7-8. Rock back on right, recover on left

Walk Forward and Kick, Walk Back and Touch

1-4 Walk forward right, left, right, kick left

5-8 Walk back, left, right, left, touch right next to left

Rock Right and Cross Shuffle, Rock Left and Cross Shuffle

1-2	Step right to	o riaht side.	recover to left

3&4 Cross right over left and shuffle right left right

5-6 Step left to left side, recover on right

7&8 Cross left over right and shuffle left right left

Side Shuffle Right Rock Recover, Side Shuffle Left Rock Recover (Lindy R&L)

1&2 Step right to right side, step left next to right, step right to right side

3-4 Rock back on left, recover on right

Step left to left side, step right next to left, step left to left side

7-8 Step back on right, recover on left

Two Right Kickball Changes, one Right Jazz Box making 1/4 turn right

1&2 Kick right forward, step on ball of right foot, step left next to right 3&4 Kick right forward, step on ball of right foot, step left next to right

5-8 Cross RT over LT, step back on LT, step RT making ¼ turn RT, step LT next to RT

1/4 Monterey Turn To Right, One Right Rocking Chair

1-4 Touch RT to RT, bring RT back making 1/4 turn RT, touch LT to LT, step LT next to RT

5-8 Rock forward on RT, recover LT, rock back on RT recover LT

Repeat dance...

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