# Yi Huang Jiu Lao Le



拍數: 32 牆數: 4 級數: Low Intermediate

編舞者: BM Leong (MY) - July 2018

音樂: Yi Huang Jiu Lao Le (一晃就老了) (DJ何鵬版) - Uncle Long Johns (秋褲大叔)



Sequence of dance: 16/16/16/16/32/32/tag/32/tag/16/16/16/16/16/16/16/16/16/32/32/tag/32/32/tag/32/32/tag/32/32/tag/32/32/tag/32/tag/32/tag/32/32/tag/32/32/tag/32/32/tag/32/tag/32/32/tag/32/tag/32/32/tag/32/

## SIDE, POINT, POINT, POINT, 1/4 TURN RIGHT CROSS, POINT, CROSS, POINT

1-2 Step L to left side, point R to the back3-4 Point R to the front, point R to the back

5-6 Turning 1/4 right cross R over L, point L to left side

7-8 Cross L over R, point R to right side

### HIP BUMPS RLRL, SIDE, TOUCH, SIDE, TOGETHER

1-2 Step down on R bumping hips to right side, bump hips to left side

3-4 Bump hips to right side, bump hips to left side (While bumping hips, take small steps moving to the right side)

5-6 Step R to right side, touch L together
7-8 Step L to left side, step R together
(The hip bumps can be continued for counts 5 and 7)

#### KICK, KICK, TRIPLE 1/2 TURN LEFT, POINT, POINT, STEP, TOUCH

1-2 Kick L forward, kick L forward

3&4 Triple 1/2 turn left ( small steps almost on the spot ) on LRL

5-6 Point R forward, point R back7-8 Step R forward, touch L together

#### BACK, TOUCH, TRIPLE 1/2 TURN RIGHT, HIP BUMPS LRLR

1-2 Step L back, touch R together

3&4 Triple 1/2 turn right ( small steps almost on the spot ) on RLR

5-8 Bump hips LRLR

# TAG: (refer to sequence of dance above)

1-8 Jazz box LRLR X 2

( www.sjlinedancer.blogspot.com )