Runa

拍數: 32 **牆數:** 4 **級數:** Easy Improver
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音樂: Runa - Vanotek : (CD: No Sleep)

#32 counts intro

S1 – HEEL GRIND, R TRIPLE BACK, BACK ROCK, KICK BALL POINT

1-2	Step right heel forward – grind right heel stepping back on Lf
3&4	Step Rf back – step Lf beside Rf – step Rf back
5-6	Rock back on Lf – recover onto Rf
7&8	Kick Lf forward – step ball of Lf next to Rf – point Rf to right side

S2 – CLOSE, MONTEREY ¼ TURN L, FLICK, POINT, BEHIND SIDE CROSS

1-2	Close Rf next to Lf – point Lf to left side
3-4	Turn 1/4 left stepping Lf next to Rf – point Rf to right side (9:00)
5-6	Flick right heel behind left leg – point Rf to right side
7&8	Step Rf behind Lf – step Lf to left side – cross Rf over Lf

S3 – SIDE ROCK, TRIPLE IN PLACE, SWAY R/L/R/L

1-2	Rock Lf to left side – recover onto Rf
3&4	Step Lf next to Rf – step Rf in place – step Lf in place
5-6	Step Rf to right side with sway hips to right – sway hips to left
7-8	Sway hips to right – sway hips to left (weight on Lf)

S4 – BEHIND, SIDE, CROSS TRIPLE, HINGE ½ TURN R, TRIPLE FWD

1-4	Step Rf behind Lf – step Lf to left side
3&4	Cross Rf over Lf – step Lf to side – cross Rf over Lf
5-6	Turn 1/4 right stepping back on Lf – turn 1/4 right stepping Rf to right side (6:00)
7&8	Step Lf forward – step Rf beside Lf – step Lf forward

End : the last wall finishes facing 9:00, just add a Heel Grind with 1/4 turn right to finish facing 12:00

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.