

For The Life Of Me

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Graham Mitchell (SCO) - August 2018
音樂: For the Life of Me - Trent Tomlinson : (Album: That's What's Working Right Now)



SECTION 1 (1-8) BASIC NIGHT CLUB RIGHT & LEFT, ¼ RIGHT, FALL AWAY 3/8

1-2& Long step Right, rock Left behind Right, recover Right
3-4& Long step Left, rock Right behind left, recover Left
5 Step forward Right making ¼ Right [3]
6&7 cross L over Right, (&) 1/8 turn left stepping back R, 1/8 step back Left
8& Step Right behind left, (&) 1/8 turn left stepping left to left side [10.30]

SECTION 2 (1-8) SYNCOPATED ROCKING CHAIR, STEP ½ PIVOT STEP, FULL TURN, SIDE BACK ROCK SIDE

1&2& Rock forward Right recover left, rock back Right, recover left [10.30]
3&4 Step forward right pivot ½ left, step forward Right [4.30]
5&6 Step back left ½ turn right, step forward right ½ turn right, step 1/8 Left to left
7&8 Rock Right behind Left, recover Left, step Right to Right side [6]

****TAG/ RESTART WALL 3 AND 7 ****

SECTION 3 (1-8) BEHIND SIDE & CROSS ROCK & CROSS ROCK, & CROSS UNWIND ¾ , RIGHT SHUFFLE

1&2 Step Left behind, step Right to right side, cross rock Left over Right
3&4 recover Right, step left to left side, Cross rock Right over Left [6]
5&6 Recover left, step right beside left, cross Left over right unwind ¾ right [3]
7&8 Step forward Right, close left beside Right, step forward Right

SECTION 4 (1-8) BACK TWINKLES LEFT & RIGHT, BACK ROCK, ½ TURN RIGHT, REVERSE ROCKING CHAIR

1&2 Cross Left over Right, step Right to Right side, step back left
3&4 Cross Right over Left, step Left to Left side, Step Right back [3]
5&6 Rock left back, recover right, ½ turn Right stepping back Left [9]
7&8& Rock back on right, recover left, rock forward Right, recover Left

TAG: 2 COUNT TAG CHANGE OF STEPS AFTER SECTION 2 COUNT 7&

1-2 TOUCH RIGHT TOE TO RIGHT SIDE, TOUCH RIGHT BESIDE LEFT

ENDING AFTER SECTION 1 CROSS RIGHT OVER LEFT UNWIND ½ TURN