Julia



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Glynn Rodgers (UK) - August 2018

音樂: Julia - Chris Rea: (Album: The Best Of)



Count in: Start on vocals (32 counts after the drumming stops)

Phrasing: 1 Restart after count 52 during wall 5

[1-8] Syncopated Side Rocks (Right & Left), Left Jazz Box Cross.

1-2& Rock right to right side, recover weight on to left, close right to left.

3-4 Rock left to left side, recover weight on to right

5-6 Cross left over right, step right back.7-8 Step left to left side, cross right over left.

[9-16] Syncopated Side Rocks (Left & Right), Right Jazz Box 1/4 Turn.

1-2& Rock left to left side, recover weight on to right, close left to right.

3-4 Rock right to right side, recover weight on to left.

5-6 Cross right over left, turn ½ right stepping left back. (3:00)

7-8 Step right to right side, step left slightly forward.

[17-24] Right Shuffle, Pivot ½ Turn, Left Shuffle, Pivot ½ Turn.

1&2 Shuffle forward right-left-right.

3-4 Step forward left, pivot ½ turn right. (9:00)

5&6 Shuffle forward left-right-left.

7-8 Step forward right, pivot ½ turn left. (3:00)

[25-32] Side, Behind, Side Rock, Behind, ¼ Turn, Pivot ½ Turn.

1-2 Step right to right side, cross left behind right.3-4 Rock right to right side, recover weight on to left.

5-6 Cross right behind left, turn ¼ left stepping forward left. (12:00)

7-8 Step forward right, pivot ½ turn left. (6:00)

[33-40] Step, Kick-Ball-Change, Step, Step, Hold, Ball-Step, Scuff.

1 Step forward right,

2&3 Kick left foot forward, step left to place, step right to place.

4 Step forward left.

5-6& Step forward right, hold, close left to right.7-8 Step forward right, scuff left foot forward.

[41-48] Left Rocking Chair, Pivot ½ Turn, Left Shuffle.

1-2 Rock forward left, recover weight on to right.
3-4 Rock back left, recover weight on to right.
5-6 Step forward left, pivot ½ turn right. (12:00)

7&8 Shuffle forward left-right-left.

[49-56] Step, Kick-Ball-Change, Step, Step, Hold, Ball-Step, Scuff.

1 Step forward right,

2&3 Kick left foot forward, step left to place, step right to place.

4 Step forward left.

***Restart here during wall 5 (Starts facing 12:00 and restart facing 12:00)

5-6& Step forward right, hold, close left to right.7-8 Step forward right, scuff left foot forward.

[57-64] Left Rocking Chair, Pivot ¼ Turn, Left Cross Shuffle.

1-2 Rock forward left, recover weight on to right.
3-4 Rock back left, recover weight on to right.
5-6 Step forward left, pivot ¼ turn right. (3:00)

7&8 Cross left over right, step slightly to right side, cross left over right.

Contact: glynnrodgers@live.com