

# Ocala Two-Step

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Art Ticknor (USA) - August 2018  
音樂: Aw Naw - Chris Young



**Note:** The nightclub two-step is for all varieties of slower, club-dance music. The style is smooth, not bouncy.

## **BASIC CLUB TWO-STEP: R then L**

1-2      Rock back on R, recover on L ) smooth,  
3-4      Wide step R, hold ) not bouncy  
5-6      Rock back on L, recover on R ) smooth,  
7-8      Wide step L, hold ) not bouncy

## **MAMBO FORWARD, TWO-STEP TURN**

1-2      Slide R forward, recover on L  
3-4      Slide R next to L, hold  
5-6      Rock back on L, step R  
7-8      Step L forward 1/4 turn left, hold

## **BASIC CLUB TWO-STEP: R then L**

1-2      Rock back on R, recover on L ) smooth,  
3-4      Wide step R, hold ) not bouncy  
5-6      Rock back on L, recover on R ) smooth,  
7-8      Wide step L, hold ) not bouncy

## **TWO-STEP LUNGE: R then L**

1-2      Step R to right (slightly back), cross L over R  
3-4      Step R, hold  
5-6      Step L to left (slightly back), cross R over L  
7-8      Step L, hold

## **REPEAT**

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