

A Bit O' Mambo

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Forty Arroyo (USA) - August 2018
音樂: Mambo Italiano - Bette Midler



A Hayloft floor split for the intermediate dance "Mambo Jive" by Max Perry

[1-8] ROCK SIDE, TRIPLE, ROCK SIDE, TRIPLE

1,2 – 3&4 Rock R to side, Recover weight on L, Triple in place R, L, R
5,5 – 7&8 Rock L to side, Recover weight on R, Triple in place L, R, L

[9-16] PRESS, RECOVER, TRIPLE, PRESS, RECOVER, TRIPLE

1,2 – 3&4 Press ball of R forward, Recover weight on L, Triple in place R, L, R
5,6 – 7&8 Press ball of L forward, Recover weight on R, Triple in place L, R, L

RESTART HAPPENS HERE

[17-24] WEAVE LEFT, TOUCH, WEAVE RIGHT, TOUCH

1-4 Cross R over L, Step L to side, Cross R behind L, Touch L to side
5-8 Cross L over R, Step R to side, Cross L behind R, Touch R to side

[25-32] JAZZ BOX TURNING 1/8 TO RIGHT - REPEAT

1-4 Turning 1/8 to right – cross R over L, Step back on L, Step R to side, Step L next to R
5-8 Turning 1/8 to right – cross R over L, Step back on L, Step R to side, Step L next to R

Ending at 3:00 O'clock

TAG (8 cts): After 5th wall (starting the dance at 12:00 O'clock) – complete the rotation ending at 3:00 then.....

(1-8) Bump Hips R for 2 cts, then left for 2 cts...and repeat; Begin again.

(or do whatever feels good for 8 counts)

RESTART: on 8th rotation (you will be starting the dance at 9:00)

Dance step 1 thru 16 – then restart.

Start over.... and remember... if you MESS UP...CRACK UP!!

Contact: forty.arroyo@gmail.com