## **Sleeping To Dream**

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級數: Intermediate

編舞者: Kim Lillskog (SWE) - August 2018

音樂: Sleeping to Dream - Jason Mraz : (Album: Know.)

#16 count intro	
Walk, walk, Anchor step, ball step, Step, Step 1/2 turn L	
1-2	Walk forward RF, LF
3&4	Step RF behind LF, Step LF in place, Step RF in place
&5	Step back on ball of LF, recover weight onto RF
6-7-8	Step forward on LF, Step forward on RF, Pivot ½ L
1/4 turn L, 1/2 turn L, Sailor step, Behind, Side, Rock forward, 1/2 turn L	
1-2	Turn ¼ L stepping RF on R side, Turn ½ L stepping LF to L side
3&4	Cross RF behind LF, Step LF to L side, Step RF to R side
&5	Cross LF behind RF, Step RF to R side
6-7-8	Rock forward on LF, Recover onto RF, Turn ½ L stepping forward on LF
(Option: Add a I	ittle hitch after count 1 and make count 2 a bit of a slide to match the timing of the chorus)
Step, Spin ¾ R, Side, Touch, Side, Touch, Side, Cross Rock, 1/2 turn R	
1-2	Step forward on RF, on ball of RF turn ¾ R hitching LF
3&4&	Step LF to L side, Touch RF next to LF, Step RF to R side, Touch LF next to RF
5	Step LF to L side turning slightly towards 10.30
6-7-8	Cross rock RF over LF, Recover onto LF, Turn ½ R stepping forward on RF (facing 4.30)
Press, Switch, Press & step, Rock forward, Back, ½ turn R, Step forward	
1-2&	Press LF forward, Recover onto RF, Step LF next to RF turning 1/4 L
3&4	Press RF forward, Recover onto LF, Step forward on RF (facing 1.30)
5-6	Rock forward on LF, Recover onto RF
7&8	Step back on LF, Turn ½ R stepping forward on RF, Step LF forward (facing 7.30)
Restart here du	ring wall 5: Instead of a ½ turn for 8&1, turn ¾ to restart facing the original 6 o'clock wall
Rock forward, Back, ½ turn L, Step ½ turn, Step, Triple full turn	
1-2	Rock forward RF, Recover onto LF
3&4	Step back on RF, Turn ½ L stepping forward on LF, Step RF forward
&5	Step LF forward, Pivot ½ R (facing 7.30)
6	Step L forward
7&8	Turn $\frac{1}{2}$ L stepping back on RF, Turn $\frac{1}{2}$ L stepping forward on LF, Step RF forward
Step ½ turn R, Cross, Side rock, Cross, Point, Sailor 1/2 turn	
1-2	Step LF forward Pivot 1/2 R
3&4	Cross LF over RF, Rock RF to R side squaring up to 12 o'clock, Recover onto LF
5-6	Cross RF over LF, Point LF to L
7&8	Cross LF behind RF, Turn $\frac{1}{4}$ L stepping RF to R side, Turn $\frac{1}{4}$ L stepping forward on LF
Start again	
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Last Update - 6th Sept. 2018





**拍數:** 48

**牆數:**2