

Jack I'm Mellow

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Roger Neff (USA) - July 2018
音樂: Jack I'm Mellow - Asleep at the Wheel



Intro: 16 counts

[1-8] CHARLESTON, TOUCH, BACK, L COASTER STEP

1-2-3-4 Touch R toe forward, Step back, Touch L toe back, Step forward
5-6,7&8 Touch R toe forward, Step back, Step back on L, Step back on R, Step forward on L

[9-16] R AND L LOCK STEPS FORWARD, JAZZ BOX WITH 1/4 TURN TO R

1&2,3&4 Step forward on R, Lock L behind R, Step forward on R, Step forward on L, Lock R behind L,
Step forward on L
5-6-7-8 Step R over L Step to L, Turn ¼ to R and Step on R, Step L over R

[17-24] R AND L MAMBO STEPS, RUMBA BOX

1&2,3&4 Rock to R, Recover on L, Step on R beside L, Rock to L, Recover on R, Step on L beside R
5&6 Step to R, Step L beside R, Step forward on R
7&8 Step to L, Step R beside L, Step back on L

[25-32] STEP BACK R, L, COASTER STEP, WALK FORWARD L, R, LOCK STEPS

1-2,3&4 Step back on R, L, Step back on R, Step L beside R, Step forward on R
5-6,7&8 Walk forward L, R, Step forward on L, Lock R behind L, Step forward on L

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