

El No Soy Yo

拍數: 32 牆數: 4 級數: Beginner
編舞者: Angéline Fourmage (FR) - September 2018
音樂: El No Soy Yo - Blas Cantó



Start : 32 counts – No Restart – No Tag

[1-8] : Vine ¼ L, Touch, Vine L, Touch

1-2 Make ¼ L with RF to R side, LF behind RF
3-4 RF to R side, Touch LF next to RF
5-6 LF to L side, RF behind LF
7-8 LF to L side, Touch RF next to LF

[9-16] : Cross, Point, Cross, Point, Cross, Point, Cross, Point

1-2 Cross RF over LF, Point LF to L side
3-4 Cross LF over RF, Point RF to R side
5-6 Cross RF behind LF, Point LF to L side
7-8 Cross LF behind RF, Point RF to R side

[17-24] : Sailor Step, Sailor Step, Step, Sweep, Step FW, Cross, Step Back *

1&2 RF behind LF, LF to L side , RF to R side
3&4 LF behind RF, RF to R side, LF to L side
5-6 RF FW with L sweep from back to front, continue the sweep
7-8 Cross LF over RF, RF back

[25-32] : Make ¼ L, Touch, Step FW, Sweep, Jazz-Box ¼ L, Touch *

1-2 Make ¼ L with LF to L side , Touch RF next to LF
3-4 RF FW with L sweep from back to front, continue the sweep
5-6 Cross LF over RF, RF back
7-8 Make ¼ L with LF to L side , Touch RF next to LF

*** Option : Sections 17-32**

***[17-24] : Step, Sweep, Jazz-box ¼ L, Touch, Step, Sweep, Cross**

1-2 RF FW with L sweep from back to front, continue the sweep
3-4 Cross LF over RF, RF back
5-6 Make ¼ L with LF to L side , Touch RF next to LF
7-8 RF FW with L sweep from back to front, continue the sweep

***[25-32] : Back, ¼ L, Touch, Side, Touch, Side, Touch ***

1-2 Cross LF over RF, RF back
3-4 Make ¼ L with LF to L side , Touch RF next to LF
5-6 RF to R side, Touch LF next to RF
7-8 LF to L side, Touch RF next to LF

NOTA : RF = Right Foot , LF = Left Foot , FW = Forward

Smile and enjoy the dance

Contact : maellynedance@gmail.com

Last Update – 26th Sept. 2018