

Hit The Ground

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Betty Lee (CAN) - September 2018
音樂: Hit The Ground - Kique Santiago



***Step change on Count 3 & Count 4 of Section 2 during W3, W4, W6, W7, W9, W10
Ending: After W11, facing 6:00, dance 6 counts of section 1, then shuffle ½ turn L

Intro: 32 counts

S1. R&L (TOUCH, TOUCH, TRIPLE STEPS)

1-2 Touch R Toe forward, Touch R Toe to R side
3&4 Triple steps in place RLR
5-6 Touch L Toe forward, Touch L Toe to L side
7&8 Triple steps in place LRL

S2. OUT-OUT, IN-IN, SIDE, TOUCH, ¼ L FORWARD, BRUSH

1-2 Step R forward to R diagonal, Step L forward to L diagonal
3-4 Step R back to centre, Step L next to R
5-8 Step R to R side, Touch L next to R, ¼ turn L stepping forward L, Brush R forward (9:00)

**** Step change : Count3-4 of Section 2 on W3,W4, W6, W7, W9, W10

*S2. OUT-OUT, BACK/FLICK, CROSS, SIDE, TOUCH, ¼ L FORWARD, BRUSH

*1-2 Step R forward to R diagonal, Step L forward to L diagonal
*3-4 Step R back /Flicking L behind (body angled to 1:30), Cross Step L over R
*5-8 Step R to R side, Touch L next to R, ¼ turn L stepping forward L, Brush R forward (9:00)

S3. R&L (STEP-LOCK, STEP-LOCK-STEP)

1-2 Step forward R diagonally (10:30), Lock step L behind R
3&4 Step Forward R, Lock step L behind R, Step forward R
5-6 Step forward L diagonally (7:30), Lock step R behind L
7&8 Step Forward L, Lock step R behind L, Step forward L

S4. SIDE, TOUCH, ¼ L FORWARD, BRUSH, ROCKING CHAIR

1-2 Squaring up to 9:00/Step R to R side, Touch L next to R
3 =4 ¼ turn L stepping forward L, Brush R forward
5-8 Rock step forward on R, Recover onto L. Rock step back on R, Recover onto L

REPEAT